

esppee electronics
Servicing & Repairing
 LED / LCD Tvs, Monitors, Laptops, Desktops,
 Microwave Ovens, Cell Phones / Tablets,
 Audio Systems, DVDs, Home Theatres,
 Emergency Lights, Cordless Phones,
 Video Cameras & LCD Projectors
 AP-791, G-Block, Anna Nagar, Ch- 40.
2628 6382 / 2628 1692
94457 92764

ANNA NAGAR TIMES

India's First *Neighbourhood Newspaper*

annanagartimes.in

Vol. 33, No. 10

1674th Issue: November 9 - 15, 2025

Advt. Supplement

Health first
FISH O' FISH[®]
 Daily Fresh Seafoods

 SINCE 1994
 T-100, 3rd Avenue, Anna Nagar,
 Ch-40. Ph: 98843 97092
 Home delivery: 7358168884



Anna Nagar's Largest Residence Redefined

**F BLOCK,
ANNA NAGAR EAST**

PROJECT AMENITIES



5 UNITS



3840 SQ. FT.



5 BHK



2 LIFTS



3 COVERED
CAR PARKING



5 FLOORS



Site Location
QR Code



Brochure QR



Walkthrough QR



Website QR

+91 999 488 6888

+91 999 488 7888



www.qualityshelters.in

[@qualityshelters](#)

info@qualityshelters.in

RERA : N/A

10/109, Block F, Annanagar East,
Chennai, Tamil Nadu 600102

Jessie Moses student excels in State-level athletics

C. Santhoshi (Std. 12 student in CSI Jessie Moses School, 5th Avenue, Anna Nagar) won the 200 meters and 400 meter running races in the State-level athletic meet organised by School Games Federation of India (SGFI) in Thanjavur on Nov. 2. Based on the performance, she has been selected in the Tamilnadu team that will compete in the SGFI National-level meet to be held in Faridabad (Haryana) next month.

Last month, she had won a cash award of Rs. 75,000 for coming 2nd in 400 meters running race in the CM Trophy held in Madurai. For her recent achievements, she was felicitated by Hannah Daniel (Principal, Jessie Moses School) on Nov. 5.

She is a student of Karl Marx Sports Club (ICF South Colony, 6th Avenue, Anna Nagar, Ph: 94441 37700).



Isheka Shree has Bharatanatyam arangetram



Isheka Shree (resident of W 129A, 3rd Street, B Sector, Anna Nagar Western Extension) had her Bharatanatyam arangetram on Nov. 1.

She has been learning Bharatanatyam for over 8 years, and has performed in temples and at cultural events.

Two held for selling meth

S. Mani (32) (resident of Nollambur) and Manikandan (35) (resident of Vanagaram) were arrested on Nov. 6 on charge of possessing methamphetamine tablets.

Following a tip-off, they were caught selling meth near Wavin junction. 20 grams of meth worth Rs. 2.60 lakhs were seized from them.

Kaapi 1

Traditional Filter Coffee

Chickmangalur Beans, Grandma's Touch, Traditional Filter Coffee.

Rs. 150/- (200 gms Blend)
Rs. 200/- (200 gms - Pure)
Forwarding charges extra

CT: 89037 74423

12-day Manavalakkalai Yoga course from Thursday

Vedathiri Maharishi ICF Manavalakkalai Manram (R 31, R Block 12th Street, opposite Firm Hospital, Anna Nagar, Ph: 91766 29956, 98402 24683, 91505 46681) will conduct a 12-day Manavalakkalai Yoga Foundation Course from 5 p.m to 6.30 p.m from Thursday, Nov. 13 to Wednesday, Nov. 26 in its premises. There will be no class on Sundays, Nov. 16 and 23.

Simplified physical exercises, Kundalini yoga and Kaayakalpa Yoga will be taught along with lectures and demonstrations. Anyone above 14 years can join the course.

ANNA NAGAR BAZAAR

This column is intended to help small businesses in Anna Nagar to have a cost-effective advertisement medium. Advertising in this section will be in standard panel sizes of 4 cms x 1 column (costing only Rs. 1000) and 4 cms x 2 columns (costing only Rs. 1800)

Sliding | Pleated
MOSQUITO DOOR
NETLON
• Modular Kitchen
• Sliding Wardrobes
• Loft | TV Unit
• Wall Paper
FACTORY FINISH
GLORIOUS INT Anna Nagar
89460 67871

ANNA NAGAR 24 X 7
CUSTOMER CARE
A/c, Fridge, TV, Washing Machine, Micro Oven
NO VISITING CHARGES
FACTORY TRAINED TECHNICIAN
84285 89111

SPOT CASH BUYING
ALL A-Z SCRAPS
ROSEWOOD, TEAK WOOD & OLD FURNITURE, SOFA SET, COT, BUREAU, DINING SET, UPS
AC, COMPUTER, LAPTOP, BATTERIES, WATER HEATER
ALL ELECTRONIC ITEMS, LCD, LED, TV, FRIDGE, OLD ALUMINIUM, BRASS, COPPER, ALL GYM ITEMS & ALL HOTEL ITEMS
UMA TRADERS
99410 74940

NETLON
• Saint Gobain
• Velcro Type
• Window Type
• Maindoor Type
• Sliding Type
• Lowest Price
SS MARKETING
98412 27152

BUYING
WORKING & NOT WORKING
LED, LCD, TV, Mobile split & window A/C, computer, laptop & tab
A/c music system, antique furniture
teak & rose wood, battery & generator
SATHYA TRADERS
99420 79719

TANK CLEANING
SUMP CLEANING
99412 43012

SERVICE @ YOUR DOORSTEP
• A/c & Fridge
• Washing Machine
• Micro oven • RO
• LED & LCD TVs
No visiting charges
Guaranteed Service
98405 71715

BUYING
Laptop, Computer, Sofa Dining Table, Steel Almirah, Fridge, TV, Teak Wood, A/c, Brass, Iron, UPS, Scrap, all electrical and disposable items, 2-wheeler also
Old Furniture Spot Cash
We collect at your place.
HUSSAIN
72009 99139

NEW STEEL CUPBOARDS
Also Steel Cupboards Repairing & Repainting
SHREE HARISH FURNITURES
Ph: 63798 81838

NETLON MOSQUITO NET
• Velcro Type
• SS Door Window Open Type
• Door Sliding Type
Guaranteed Material
BHARATH MARKETING
97102 51180

BUYING OLD PATTU SAREES
Watches, Guitar, Record Players, Toys, Veena, Rose Wood, Teak Wood, Tanjore Painting, Wooden Toys
All Antique Items.
SAHA TRADERS
94270 28621

PEST CONTROL
★ Termite
★ Cockroaches
★ Bed bugs
★ Wood Borer
★ Spider
FOR FREE INSPECTION
99419 29331

YOGA
Online Classes & Doorstep
Shri Narayana Yoga Kendra
98407 54176

SOFA SERVICE
any sofa's, any Recliner sofa's, any Cushions, Reupholstery, Re-conditioning at very moderate charges.
K.N.S.Rajan Services
7667133233, 9381803956

SRI BALAJI SERVICES
• Civil work
• Terrace water proofing
• Painting work (interior or exterior)
• Pest control tiles work. Paver block work.
95517 09746
98846 96614

360 Degrees PEST SERVICES
♦ Termite
♦ Cockroach
♦ Rodent
♦ General Disinfection
98840 96133
80727 27089

SCOPE GLOBAL SCHOOL

Affiliated to CBSE, New Delhi, Vide No. 1931212

ADMISSIONS OPEN 2026-2027

ENROLL NOW

PLAY GROUP PRE KG LKG UKG STD I-V STD VI-XI

[APPLICATION FORMS ARE AVAILABLE AT OFFICE]

- Spacious Air Conditioned Smart Class Rooms
- Individual Attention & Activity Based Learning
- Safe, Secure & Pleasant Ambience
- Well Equipped Computer, Maths, Science & Language Labs
- State of Art Library
- Gym, Yoga, Sports & Arts
- Cultural & Social Activities
- NEET / JEE instruction.

SCOPE GLOBAL SCHOOL
Church Road, Mogappair East, Chennai-37.
79043 72852, 79043 54152

scopeschoolonline.com
scopeglobalschool@gmail.com
TRANSPORT AVAILABLE

YouTube scopeglobalschool Instagram scope_global_school

Free Abacus workshop on Saturday

Ray School of Matricks (AC 102, AC Block 2nd Street, opposite Shri Krishnaswamy School, Anna Nagar) will conduct a free workshop on Abacus for Std. 6 to Std. 8 students from 5 p.m to 7 p.m on Saturday, Nov. 15 in its premises.

The last date for registration is Friday, Nov. 14.
Call 89395 65488 or 91762 18763 to register.

OBITUARY

G. BALASUBRAMANIAN

G. Balasubramanian (resident of 207/14, Asiad Colony, Anna Nagar Western Extension) passed away on Nov. 1.

He was 82, and had been a resident of Anna Nagar for 30 years. He had retired as Executive Engineer from Tamilnadu Housing Board.

He is survived by his wife Rani, daughter Kalpana, son-in-law Haribaskar and grandson Karthick.

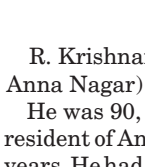


G. KRISHNAN

G. Krishnan (resident of W 5/28, W Block 1st Street, Anna Nagar) passed away on Nov. 2. He was 81, and had been a resident of Anna Nagar for more than 20 years.

He had retired as Joint Director of Industries, Tamilnadu Government.

He is survived by his daughter Ulagapriya, son-in-law Kutthalingam and grandson Manikrishnan.



R. KRISHNAMURTHY

R. Krishnamurthy (resident of Y 38/6, Y Block 5th Street, Anna Nagar) passed away on Nov. 3.

He was 90, and had been a resident of Anna Nagar for 20 years. He had retired as Block Development Officer, Thanjavur district. He is survived by his daughters Vasanthi and Vijayalakshmi, son-in-law Varadarajan, and grandchildren.

Conducts free public speaking contests for students

Thamizhal Inaivom, founded by M. Gomathi (resident of 47/1, Vijay Apartments, 1st Main Road West, Shenoy Nagar), offers to conduct free public speaking competitions in Tamil in schools and colleges.

Gomathi told *Anna Nagar Times* that Thamizhal Inaivom has so far conducted 20 such competitions and a number of workshops on public speaking and other topics. Her contact number is 98407 38048.

CHENNAI FOREX
For all your Foreign Exchange needs!
GET THE BEST RATES IN THE CITY
Plot No. C/29/B,
2nd Avenue, Anna Nagar
(Near Anna Nagar Super Market)
Ph: 99419 12545, 98407 68410,
97772 34728, 044-4551 1289
Email: chennaiforex1@gmail.com

ANNA NAGAR TIMES

'Sai Krupa', AC 67,
AC 1st Street, Anna Nagar, Chennai 40.
E-mail: annanagartimes@hotmail.com
Ph: 4217 2885, 4261 1648

Sintex 5% to 10% Discount
SRI KAMAKSHI TRADERS
Anna Nagar & Arumbakkam
 Loft Coverings, Pooja Shelves, PVC Doors,
 Wardrobes, False Ceillings, Partitions,
 Water Tanks, Chemical Tanks,
 Triple Layer Tanks, Security Cabins,
 Kitchen Modifications, Sump/Septic Tanks etc..
www.srikamakshitraders.com
Ph: 2363 6945 / 98400 17556 / 4264 0934

ANNA NAGAR TIMES

India's First Neighbourhood Newspaper

annanagartimes.in

Vol. 33, No. 10

1674th Issue: November 9 - 15, 2025

FREE

GYMS
 CHANGE your FITNESS equation
KILPAUK
 17, Lakshmi Street, Kilpauk, Chennai 10.
 Ph: 91768 44333, 91768 99333

Corporation intensifies immunization of stray dogs

By Our Staff Reporter

Chennai Corporation has intensified immunization of stray dogs across all its 15 zones.

It has formed teams of dog catchers and a veterinary doctor to catch and immunize the stray dogs by visiting various localities across the city and releasing them after injecting the anti-rabies vaccine.

The photo taken on Nov. 6 shows a team immunizing stray dogs in V Block, Anna Nagar.



Achiever award presented to Ervadi Radhakrishnan

In appreciation of his efforts in propagating Tamil literature, 78-year-old Ervadi Radhakrishnan (resident of 420-E, Malar Colony, 19th Main Road, Anna Nagar) was presented the Senior Citizens' Achievement Award by Probus Club in a function held in Russian Centre of Science and Culture (Alwarpet) on Nov. 2.

Radhakrishnan is a playwright, short story writer, poet, and essayist. He has written 160 books on various topics. His contact number is 94441 07879.



Survey of pet dogs and cats from Nov. 24

By Our Staff Reporter

Starting Nov. 24, Chennai Corporation will start door-to-door survey of pet dogs and cats across all its 15 zones, including Anna Nagar.

During the survey, it will levy a fine of Rs. 5,000 on owners who do not have license for their pets.

Pet registration can be done online in the website <https://chennaicorporation.gov.in/gcc/veterinary/>

The license fee is Rs. 50 for a pet per year.

An official said that owners can also avail free microchipping of their pet dogs at the Corporation's pet clinics in Thiru Vi Ka Nagar, Pulianthope, Kannamma-pet, Lloyds Colony, Nungambakkam and Meenambakkam.

Special Intensive Revision of electoral rolls begins

Booth Level Officers by December 4.

(BLOs) in 16 Assembly constituencies in Chennai, including Anna Nagar, have begun door-to-door distribution of enumeration forms as part of the Special Intensive Revision (SIR) of electoral rolls.

Voters must submit the duly filled forms to the BLOs

Verified entries will appear in the draft electoral roll before publication of the final list in February 2026.

New voters must submit Form 6 along with identity proof and address proof for inclusion in the rolls.

For more details, contact the helpline number 1950.

SRI GANESH BUILDERS & PROMOTERS
Only one Flat Available @ VILLIVAKKAM
Total - 3 Flats
3 BHK Flat 1150 sq.ft
 • Ready to Occupy
 • Fully Furnished
Re-Sale Apartment - 2 BHK at Rs.50 Lakhs. @ Villivakkam
Inviting Land owners for a Profitable Joint Ventures & Outright Purchase
For more details call: 6383 71 8181

Blossom
 Mogappair West
Handover MARCH 2026
Current Stage of the building
 GYM, BARBEQUE DECK WITH DESIGNED LANDSCAPE AREA IN TERRACE, CHILDREN PLAY AREA, DG POWER BACKUP, AUTOMATIC LIFT, EV CHARGING POINTS
MOGAPPAIR'S NEW ADDRESS!
1166 to 2323 sq ft 2 & 4 BHK Units
***Last few units left**
+91 93609 00929
 SCAN QR FOR FURTHER DETAILS

JFA 88 YEARS
Teakhai!
JFA CRAFTING FINE FURNITURE SINCE 1937
 www.jfa.in
Save up to ₹ 17,411 on Bedroom Packages
JFA Royapettah: Tel 044-2813 1384, 2813 2403
JFA Adyar: Tel 044-2440 5120, 4211 7857
JFA Nanganallur: Tel 044-4358 6661
JFA Mattress World: Tel 044-4266 2413
 Finance arranged by Bajaj Finserv
 GeM Registered Vendor
 Free delivery up to 75 kms radius from showroom

You can access and read ANNA NAGAR TIMES in annanagartimes.in

M S DHONI

AT VELAMMAL



+91 73583 90408

VelammalNexus

Rat snake caught in Jeevan Bhima Nagar

By Our Staff Reporter

P. C. Saravanan (Fire Officer), and G. Pachaiyappan and Sakthikumar (Firemen), from JJ Nagar Fire and Rescue Station, caught a 10-foot-long rat snake without causing it any harm in Jeevan Bhima Nagar (Anna Nagar Western Extension) at around 7 p.m on Nov. 4.

It was handed over to the Forest Department.

After the security guard saw a snake slithering in the debris dumped near the main gate, he alerted the residents who called the fire station.

The contact number of the fire station is 94450 86066.



Local boy wins medals in national-level athletics

By Our Staff Reporter

S. Ciranthan (resident of Bharathi Avenue, 13th Main Road, Anna Nagar) came 2nd in long jump and 3rd in triple jump in the 36th National-level Athletic Meet conducted by Akhil Bharatiya Shiksha Sansthan in Hassan (Karnataka) from Nov. 1 to 4.

He was also part of the team that came 2nd in 4 x 100 meters relay and 3rd in 4 x 400 meters relay. He is a student in Karl Marx Sports Club (ICF South Colony, 6th Avenue, Anna Nagar, Ph: 94441 37700).



Thiru Vi Ka School team wins quiz contest



By Our Staff Reporter

The team of P. Akash, K. Monish, Bharanidharan and S. Madan (Std.12 students in Thiru Vi Ka School, 1st Main Road West, Shenoy Nagar) came 1st in the city-level quiz competition on Computer Science conducted by P.T. Lee Chengalvaraya Naicker Polytechnic College (Vepery) on Nov. 6.

Teams from 20 schools participated in the competition.

Appeal to cut leaning tree



By Our Staff Reporter

A tree growing on the road margin near Plot AP 871 (H Block 2nd Street, off 12th Main Road, Anna Nagar) can fall at any time as it is leaning precariously.

It poses grave danger to unwary passersby, and can damage the EB junction box installed on the opposite side if it falls. Nearby residents request Chennai Corporation to cut it early.

Thirumanjanam in Nolambur temple on Saturday

By Our Staff Reporter

In connection with Ekadashi, special thirumanjanam with gingelly oil, milk, paneer, curd and tender coconut will be performed to the presiding deity from 8 a.m to 8.45 a.m on Saturday, Nov. 15 in Vaikundanaadhar Temple (Vellala Street, off Bus Stand Road, Nolambur).

It will be followed by special alangaaram and recitation of Suprabaatham. Devotees can contribute flowers for the alangaam. All are welcome.

Art exhibition in T Block on Nov. 15 and 16



The art school Dessin Academy (2/5-A, Jai Nagar 14th Street, Arumbakkam) will hold an exhibition of artworks by its students from 11 a.m to 7 p.m on Saturday, Nov. 15 and Sunday, Nov. 16 in Anjappar Chettinad Restaurant (1st Floor, T 101, 4th Main Road, Anna Nagar).

Humour Club meeting today afternoon

Anna Nagar Humour Club will hold its monthly meet on Sunday, Nov. 9 at 4 p.m in Shri Krishnaswamy Vidhyashram (J 914, J Block 15th Street, Vaigai Colony, off 13th Main Road, opposite Anna Nagar West Bus Depot, Anna Nagar).

Shrimathi Arunasri Umopathy of Tambaram Humour Club will be the Chief Guest. Dr. A. Anantharamakrishnan will talk on 'November Nuances'.

It will be followed by talks by other members. All are welcome to attend and share jokes. For more details, contact Arjuna Chetty (98402 69123) or Karthikeyan (98400 76022).

Wins 1st prize in video presentation competition

R. Saran

Raj (Std.12 student in Thiru Vi Ka School, Shenoy Nagar) won the 1st prize in the video presentation competition on the topic 'Awareness on the right use of Smart Phone' conducted by P.T. Lee Chengalvaraya Naicker Polytechnic (Vepery) on Nov. 7.

The video can be viewed at <https://youtu.be/GQG0oSWPel4?si=v-oVx0INbkofsueZ>

Students from 25 schools participated in the competition.

Maha homam in Siva Vishnu temple on Wednesday

In connection with Bairavar Jayanthi, there will be maha homam followed by special abhishekam and vadai malai alangaaram to the presiding deity from 4.30 p.m to 6.30 p.m on Wednesday, Nov. 12 in Siva Vishnu temple (Park Road, next to Millennium Park, Anna Nagar Western Extension).

Devotees can have darshan till 8.30 p.m.

All are welcome.



Senior artists Sudha Rajendran and her husband T. Rajendran (residents of L Block, Anna Nagar) will inaugurate the exhibition at 5 p.m on Friday, Nov. 14 and release a book of colourful oil-paintings drawn by the Academy's students.

All are welcome. For more details, call 99443 41414.

esppee electronics
Servicing & Repairing
LED / LCD TVs & Monitors,
Laptops & Desktops,
Microwave Ovens,
Cell Phones / Tablets,
Audio Systems,
DVDs, Home Theatres,
Emergency Lights,
BP / Sugar Testers,
Cordless Phones,
Video Cameras & LCD Projectors
AP-791, G-Block,
Anna Nagar, Chennai 40.
2628 6382
2628 1692
94457 92764

PT teacher presented Dronacharya Award

C. Felix Raj (Physical Education Teacher and Athletics Coach, SBOA Junior College, Anna Nagar Western Extension) was presented the Dronacharya Award by Rotary International (RI) District 3234 in a function held on Nov. 3. Under Felix's coaching, the SBOA team has won several state and national-level athletic competitions over the years. His contact number is 99948 88286.



INSTANT CASH FOR OLD SILK JARI SAREES
பலமுய பட்டு புடவைகளுக்கு உடனடி அளவு பணம்
அண்ணாநகர் ஜயப்பட்டு கோவில் பக்க அருகில்
காஞ்சிபுரம் விலைக்கே நீங்கள் பணம் பெற்றுக் கொள்ளலாம்
நாங்கள் திரு விடாக வந்து பட்டு புடவை வாங்குவதில்லை
ANNAL SRI KAMATCHI PATTU CENTRE / Ph: 90944 89857
223, 'Y' Block, ANNA NAGAR
Very Near ANNA NAGAR AYYAPPAN TEMPLE
18 ஆண்டுகள்
வாழ்க்கையாளர்கள் சேவையில்....

SCIENCE & MATHS ACADEMY
1038, 26th Street, H Block, Ponni Colony,
Anna Nagar, Chennai - 600040
LIMITED SEATS
only
CBSE - 10
3 MONTHS CRASH COURSE
◆ COMPETENCY FOCUSED Q's
◆ WEEKLY TESTS
◆ DAILY ASSIGNMENTS (Level-Based Learning)
◆ 3D & LAB SIMULATIONS
◆ BOARD EXAM MOCK TEST
CLASSES TAKEN BY
BLESSY MAM
(B.E. CEG ANNA UNIVERSITY)
9940570319

வரன் வேண்டுமா? அணுகவும்
சென்னை சாயி சங்கரா மேட்ரிமோனியல்ஸ்
(For Brahmins - Nominal Charges)
www.ssmatri.com Ph : 7810 04 04 04
சென்னை சாயி முருகா மேட்ரிமோனியல்ஸ்
(For Hindus - All Caste - Total Free Service)
www.saimurugamatri.com Ph : 7810 03 03 03
சென்னை சாயி துணை மேட்ரிமோனியல்ஸ்
(For Differently Aabled - Hindus - Total Free Service)
www.saithunaimatri.com Ph : 7810 98 10 00
**No.54 (34), 53rd Street, 9th Avenue,
Ashok Nagar, Chennai - 600 083.**
Dr. N. PANCHAPAKESAN
Founder
Ph : 98403 30531
**LOVE ALL, SERVE ALL!
HELP EVER, HURT NEVER !!**

CLASSIFIED ADVERTISEMENTS

Classified Advertisements under the heads *Accommodation Required, Automotive, Guest Houses, Real Estate, Rental, Situations Vacant and Women's Hostel* will be published on this page. Each advertisement of Real Estate and Rental must relate to only one premises and its address must be given clearly. **The charges are Rs. 1200 upto 30 words. Display Rs. 320 per col. cm**

AUTOMATIC WATER LEVEL CONTROLLER

AUTOMATIC water pump level controller for sump & over head tank in flats and commercial buildings. Water meter, AMR water meter available for flats and buildings. For trade enquiries, call: 99401 12428, 93846 61589

AUTO & CAR FOR SCHOOL TRIP

AUTO & CAR SCHOOL TRIPS

Regular daily school pick-ups and drops in auto and car available for students in and around Anna Nagar. BPOs and IT employees pick-ups and drops also can apply

88381 97907

CATERING

PAATI SUTTA VADAI

Pure vegetarian home food.
• **Breakfast**
• **Lunch**
• **Dinner**
(Daily basis)
Office & school lunch packing avail., Functions order also taken
Free Home Delivery
90030 09249

SRI Kamatchi Catering - high class pure vegetarian. A to Z marriage contractor. Minimum order 25 nos. Ph: 93826 46886, 90877 46886

CIVIL WORKS

BUILD-TECH

♦ **Building Construction/ Renovation / Alteration / Demolition**
♦ **Modular Kitchen**
♦ **Painting (Interior & Exterior)**
♦ **Interior Works**
♦ **Aluminium Partition**
♦ **False Ceiling**
80727 27089
98840 96133

DOMESTIC EMPLOYEES

KV Home Service, Anna Nagar Western Extension. We arrange 100% reliable, experienced, vegetarian and non-vegetarian cooks, housemaids, baby care, patient care, ayahs, staff nurses - full/part-time, outstation also (stay in or out). Ph: 99626 87914, 90258 58240

KALAISELVI Manpower Consultancy. We provide Brahmin and non-Brahmin cooks, baby care, patient attenders, male & female staff nurses, full and part-time, Mogappair West. Ph: 99403 63954, 96000 71798

EDUCATIONAL

HOME tuitions upto +2, all subjects, all Boards. MBBS - Anatomy to Surgery, all papers; BDS (Physiology to Pedodontics, all papers). IIT-JEE, NEET, B.E., B.Tech, all. Spoken English, Hindi, French all. Ph: 86108 15680, 99404 99432

HINDI TUITION

ONLINE HINDI CLASSES TAKEN
Sabha Exams & Spoken Hindi also

Std. 1 to 10 (CBSE)
By 18 years Experienced Teacher

Contact:
97907 03656

ELECTRICAL WORKS

All kinds of electrical works & rewinding, wiring. A/c sales, servicing & rental
Call: S.SWAMINATHAN
99401 07702

MEDICAL

CONTACT SNEGCARE

For reliable elderly, nursing care home nursing, physiotherapy in your home

www.snegcare.com
87549 78425

MUSIC CLASS

YOUNG Star Music School: crash course & regular (weekly twice). Keyboard, guitar, drums, tabla, vocals - carnatic, western, ukulele, violin, flute. 1 & 2 months course. Daily classes, flexible timings. Can join any day, any time, any age. Ph: 98404 58524. H Block, No. 48, Anna Nagar East.

PACKERS & MOVERS

ANNA NAGAR: Ajay Packers & Movers - local within Chennai, minimum Rs. 3900 & all over India, also international parcel service, free insurance. A/c, TV, heater, fan, tube light fitting and dismantling done. 73581 70399, 72990 47508. Website: www.ajay packers movers.com

ANNA NAGAR: SVL Packers & Movers (ISO 9001-2015) IBA approved. 24 hours local shifting and all over India. Regular service. Just dial and relax. Ph: 98410 44422, 93831 44422. www.svlpackersandmovers.com

ANNA NAGAR: ASS Packers & Movers, 24 hours service. No. 253, 10th Street, Annai Sathya Nagar, Anna Nagar. Ph: 73584 95409, 73584 93459

PAINTING

EX-ASIAN Paint expert in all types of paintings and leak proof, weather coatings in roofs for home, office, commercial buildings, school and colleges. Low cost, good quality premium paint in Asian Paints, Ph: Painting Expert, 96772 90088

GROW MORE TREES

REAL ESTATE (BUYING)

WANTED

Anna Nagar, Mogappair, Korattur.
50 x 100
45 x 80
40 x 60.
Joint Venture also

98413 09125

REAL ESTATE (SELLING)

ANNA NAGAR, near Anna Adarsh College, Shanthi Colony, 40 feet road, land 4.5 grounds (10800 sq.ft) with building G + 1, south facing. Ph: Om Sakthi, 98400 89550

ANNA NAGAR East, near Chinthamani, VOC Nagar, Gujji Street, 2 bedrooms flat, 666 sq.ft, ground floor, UDS 476 sq.ft, open car park, wood work. Price Rs. 30 lakhs. Ph: Om Sakthi, 98400 89550

FOR SALE: Anna Nagar, 3 bedrooms, hall, kitchen, 1250 sq.ft, 3 baths, UDS 840 sq.ft, 1st floor, 1 covered car park, 20 years old. Price Rs. 2 crores. Ph: NSM Reality, 90947 85885

ANNA NAGAR PRIME LOCATION

52 x 80; 45 x 80
30 feet road.

60 x 100
100 feet road.

23 x 40
30 feet road

with new bungalow

98841 81819

ANNA NAGAR, near Tower Park, 3 bedrooms, hall, kitchen flat, 1300 sq.ft, 2nd floor, north facing entrance, 788 sq.ft UDS, open car park, lift, furnished flat for sale, 20 years old. Ph: Tamil Realtor, 73583 99065

RESIDENTIAL flat resale: Shenoy Nagar, 2 bedrooms, hall, kitchen flat, near Pulla Avenue. Hanu Reddy Realty, 95134 46406, 78248 68459

3 BEDROOMS, hall, kitchen flat, for sale: Thirumangalam (Padikuppam Road), near Pace Prana, Anna Nagar West, built-up area 1070 sq.ft, UDS 477 sq.ft, 10 years old, 2nd floor, lift, car park. Ph: Hanu Reddy Realty, 99520 42240, 98848 60101

ANNA NAGAR, on 5th Avenue, 3 bedrooms flat, 1280 sq.ft, 2 attached baths, 2nd floor, 1 covered car park, lift, 10 years old, UDS 690 sq.ft. Price Rs. 2.15 crores, negotiable. Full cheque payment. Ph: Suresh, 99629 06199

LAND for sale in Mahabali puram, 1.5 grounds, behind old Light house. If interested, Whatsapp: 98840 42526

ANNA NAGAR West, prime location, 1800 sq.ft, north east corner plot, 30 & 20 feet roads. Price Rs. 4.5 crores, negotiable. Ph: Links, 99400 29996

RESIDENTIAL FLAT FOR RE-SALE

ANNA NAGAR, GOLDEN ALTIUS, 4th Avenue, near SMF, 3 BHK flats - 2 nos. 1490 sq.ft & 1540 sq.ft both on 11th floor. Price: Rs. 2.4 crores each, negotiable

DRAD CONSULTANCY
96005 57795

ANNA NAGAR, one ground plot for sale, near 2nd Avenue, Santhosh Super Store, 60 feet road, north facing. Price Rs. 8 crores. Ph: 98413 69113, 88385 02742

ANNA NAGAR East, near Chennai Mobiles, flat for sale: residential, office, 1457 sq.ft, 3rd floor, lift, open car park, east facing, UDS 770 sq.ft. Price Rs. 2.60 crores, negotiable. Ph: 95661 21310

KILPAUK, near Bhavan's School, land for sale: 35 x 50 = 1750 sq.ft, east facing, 30 feet road. Ph: Karthil Real Estates, 79040 47233

ANNA NAGAR West, prime commercial road property for sale: vacant land, 60 feet road, 4000 sq.ft - price Rs. 12 crores (can be divided as two plots, 2000 sq.ft, Price Rs. 6 crores). Suitable for showroom, hospital, clinic, office use. Also investment (full or part), near bus stop. Ph: P. Lawrence, 98401 85405

KORATTUR, 5 minutes drive, prime commercial property for sale, 2 grounds, next to 200 feet road, corner plot, 50 meters walkable distance to main road. Suitable for hospital, clinic, showroom, office. 48 feet frontage. Good investment. Price Rs. 6.50 crore. Ph: P. Lawrence, 98401 85405

ANNA NAGAR

2750 sq.ft, east facing, 30 feet road. Price: Rs. 8 crores

98400 81141

PLOT for sale: 5.5 grounds, 60 feet road, Padi. Price Rs. 2.9 crores per ground, negotiable. Ph: Charu Real Estate, 93803 35274

RESALE: Anna Nagar, 11th Main Road, AK Block, built-up 1705 sq.ft, 3 bedrooms, 3 balconies, hall, kitchen, UDS 1000 sq.ft, north facing, 12 years old, semi furnished, covered car park. Price Rs. 2.235 crores. Ph: 99622 92912

NEW FLAT FOR SALE

I Block, 18th Main Road, near upcoming Anna Nagar West metro station, 1335 sq.ft, UDS: 580 sq.ft, 3 bedrooms, lift, CCP, genset, solar water heater, Ready by 30.11.2025

RENO FOUNDATION
93810 13631
98840 22587

ANNA NAGAR, near Sridevi Hospital, 16th Main Road, 1500 sq.ft, 3 bedrooms, hall, kitchen flat for sale, fully furnished, brand new flat, covered car park. Only for vegetarians. Ph: Krishnamoorthy, 94442 53850

NEW flat for sale: Anna Nagar, 1400 sq.ft, 580 sq.ft UDS, north & south facing, covered car park, 24/7 security, power back-up, 30 feet road. Ph: Mohan Babu, 79047 41412, 98403 13203

BRAND new, Anna Nagar Western Extension, Thirumangalam, 1425 sq.ft, 3 bedrooms, hall, kitchen, semi furnished, 2 car parks, south facing, opposite CPS. Price Rs. 2.35 crores. Ph: 99622 92912

ANNA NAGAR EAST AND WEST

Land for sale.
50 x 100
45 x 80
40 x 60

VINAYAGA REAL ESTATE
98413 09125

MADHAVARAM, next to Mathur, 6 grounds plot for sale, touching 200 feet road. Can be divided into 2 or 3 plots. Commercial plot. Price Rs. 1.50 crores per ground. Ph: 63745 33291, 98845 54159

VANAGARAM, behind Srivari Kalyana Mandapam, Vada Noombal Road, 40 x 80 = 3200 sq.ft, approved vacant land, south east corner (fully compound wall). Price Rs. 1.6 crores per ground. Ph: 98408 64400

FLAT for sale: Anna Nagar, 3 bedrooms, hall, kitchen, 1500 sq.ft, 1st floor with lift, covered car park, semi furnished, power back-up, 24 hours security. Ph: Agent, 63792 17500

RENTAL

COMMERCIAL space for rent: newly built 600 sq.ft, Shenoy Nagar, next to Billroth Hospital. Ph: 98845 78885

ANNA NAGAR, Thangam Colony 1st Street, near Immanuel Church, 1st floor, independent house, 2 bedrooms, hall, kitchen, 3 phase EB connection, no water problem. Rent Rs. 32,000. Ph: 94440 76008

OFFICE SPACE FOR RENT ANNA NAGAR

U Block, 5th Main Road, near Tower Park, 2000 sq.ft, 1st floor.

AMENITIES:
* Power Back-up
* Lift
* Rest Rooms
* CCTV
* Security service
* Covered car park
No brokers

90031 38181

ANNA NAGAR East, brand new flat, very close to metro and Vishnu Eye Clinic, 3 bedrooms, 1450 sq.ft, semi furnished, 3rd floor, lift, north facing, covered car park, power back-up. Rent Rs. 55,000. Vegetarians only. North Indian and South Indian. Ph: Velu, 98410 13369, 88386 58186

AYANAMBAKKAM, RMS Ashirwad Apartment, Flat No. 4 C B, Block C, 4th floor, 2 bedrooms, hall, kitchen, 1125 sq.ft, covered car park, near Apollo Hospital. Rent Rs. 25,000. Ph: 90802 28197

MOGAPPAIR East, brand new flat, near Naidu Hall, 3 bedrooms, 1400 sq.ft, 1st floor, semi furnished, lift, covered car park, power back-up. Rent Rs. 40,000. Ph: Velu, 88386 58186, 98410 13369

COMMERCIAL / OFFICE SPACE FOR RENT

3 FLOORS - (1st, 2nd & 3rd) each floor 850 sq.ft, new building with lift, all floors together or separately, 60 feet road, TVS Avenue, near Chennai Public School

80156 91723
98410 05357

COMMERCIAL: Anna Nagar East, Kilpauk Garden Main Road, Periya Palayamman Temple, 600 sq.ft, hall type, 1st floor. Rent Rs. 30,000. Suitable for office and any purpose. Ph: Velu, 98410 13369, 88386 58186

ANNA NAGAR, near Thirumangalam Metro, ground floor, 900 sq.ft, 1 bedroom, hall, kitchen house, reserved open car park. Rent Rs. 20,000. Ph: 98403 59937, 88385 02742

FOR RENT ANNA NAGAR NEAR TOWER PARK

BRAND NEW,
2 bedrooms flat, 1300 sq.ft. Rent: Rs. 40,000.
3 bedrooms flat, 1600 sq.ft. Rent: Rs. 60,000
with attached baths, lift, covered car park and all amenities

97909 04367

GROUND floor, 2 bedrooms, hall, kitchen, semi furnished, marble floor, road facing, 2796/1, old Y Block 5th Street, 12th Main Road, Shanthi Colony, Anna Nagar. Ph: 94454 26023, 99404 70331

ANNA NAGAR, Shanthi Colony, posh new 2 bedrooms, hall, kitchen flat, 1300 sq.ft, 1st floor, lift, covered car park, excellent wood work, modular kitchen, west facing, 100% vastu. Rent Rs. 42,000, maintenance Rs. 5,000, not negotiable. Only working professionals. Ph: Agent, 96772 90088

ANNA NAGAR

3300 sq.ft, 6 BHK Villa plus 650 sq.ft, annex, commercial space. Suitable for offices, training institutes. H Block 10th Street, behind 15th Main Road. No Brokers

95817 17000

ARUMBAKKAM, No. 60, Bala Santhosh Bhavan, Pillayar Koil Street, opp. Bala Vinayagar Temple, 2 bed rooms, hall, kitchen, 2nd floor flat, for residence, office. Rent Rs. 18,000. Ph: 93821 10742, 88074 92422

ANNA NAGAR, near NAC, Shanthi Colony, new apartment, 3 bedrooms, 1st floor, 1800 sq.ft, lift, CCP, power back-up, security, semi furnished. Om Sakthi, 98400 89550

FOR RENT NOLAMBUR

Behind DR Surper Market, 3 BHK flat, 2nd floor, lift, covered car park. Rent: Rs. 32,000

Ph: Umadevi
94440 40641
86103 67167

CLASSIFIED ADVERTISEMENTS

RENTAL

ANNA NAGAR Western Extension, near SBOA School, 3 bedrooms, hall, kitchen, covered car park, lift, 2nd floor, 24 hours security. Vegetarians only. Rent Rs. 35,000 + maintenance. Ph: A.S. Kannan, 9841145707

FOR RENT: Anna Nagar, 3 bedrooms, hall, kitchen, 4 baths, north facing, 2000 sq.ft, 1 covered car park. Rent Rs. 60,000, including maintenance. Ph: Agent Krishnan, 95004 14974

ANNA NAGAR, 2 bedrooms, hall, kitchen flat, semi furnished, 24 hours metro water, car park. Ph: Agent, 7904958296

INDEPENDENT, commercial office space 1550 sq.ft, 1st floor, No. 101, S Block, 4th Main Road, Anna Nagar, 3 big rooms with attached baths, 2 car parks available, near Maruti Driving School, opposite IOB. Ph: 99627 78192

COMMERCIAL ARUMBAKKAM

Furnished office space, 4000 sq.ft, 1st and 2nd floor. No. 47, Razak Garden Main Road, above SBI, MMDA Colony

**98402 57749
98846 27353**

ANNA NAGAR, 12th Main Road, close to metro, 2 bedrooms flat, pooja room, dining hall, service area, semi furnished, marble floor, 3 phase EB, metro and bore water, 1080 sq.ft, open car park. Vegetarians only. No brokers. Ph: 95662 18437

1000 SQ.FT, 2 bedrooms, hall, kitchen, independent house, with 2 wheeler park, for rent: ground floor, in Kilpauk Garden. Rent Rs. 22,000 and advance Rs. 1.15 lakhs. Only family and vegetarians. Ph: Krishnan, 97911 14552

2 BEDROOMS, hall, kitchen, independent house, 1st floor, covered car park, copious water, furnished, all amenities, for vegetarian family at No. 1891, Thiruvalluvar Kudiyruppu, 18th Street, Anna Nagar, near Ramraj Textiles 18th Main Road. Ph: 98410 48587, 72999 48587

FOR RENT: 2 bedrooms, hall, kitchen flat, furnished with wardrobes, good ventilation, 100% as per vastu, behind Padi Sivan Temple, near SBOA, DAV, CPS and Velammal schools. Rent Rs. 20,000. Ph: 98400 72443

ANNA NAGAR

12th Main Road, near Metro Station, new flat, 3 BHK, 1350 sq.ft with one covered car park, lift and generator back-up, semi furnished with interiors

**99626 21469
98400 21469**

FOR RENT ANNA NAGAR

RESIDENTIAL 1st floor, 2 bedrooms, 1100 sq.ft. COMMERCIAL, ground floor, 1100 sq.ft. 16th Main Road, J Block

**Agent: 94445 77775
81222 57775**

COMMERCIAL space, 2000 sq.ft, 2nd floor, lift, car park, 80 feet road, Anna Nagar, Blue Star. No brokers. Ph: 99626 25571

ANNA NAGAR, 6th Avenue, near Chinmaya School, spacious 2 bedrooms, 2 baths, hall, kitchen, 1650 sq.ft, north facing, 4th floor, with private terrace, lift, one covered car park, security, 100% vastu. Rent Rs. 45,000 + maintenance Rs. 2000. Ph: Aperia Realty, 82484 63404

FOR RENT COMMERCIAL/ OFFICE SPACE. ANNA NAGAR WEST

1200 sq.ft and 2400 sq.ft. Near Chennai Public School

96294 58710

ANNA NAGAR East, independent AP plot building for rent, suitable for hostel, residential or office. Total 4 floors, 8 bedrooms, hall, kitchen, each floor 2 bedrooms, separate stair case. Ph: 98403 59937, 88385 02742

FOR RENT: Anna Nagar Western Extension, Estate Road, near DAV Boys School, opposite EB office, 3 bedrooms flat, lift, covered car park, semi furnished. No brokers. Rent Rs. 50,000. Ph: 99403 63126

ANNA NAGAR, Round Tana, near metro station, bus stop, flat for rent: 2000 sq.ft, ground floor flat for commercial, office, auditor, lab, clinic, with covered car park. Residence or commercial use. Rent Rs. 1.15 lakhs. Ph: P. Lawrence, 98401 85405

COMMERCIAL SPACE FOR RENT ANNA NAGAR WEST

Ground floor. Suitable for office, shop, clinic, cafe. No. 85, Kavitha Street, Park Road, opp. Mosque

**87542 69421
86101 86109**

ANNA NAGAR, S Block, near Chinmaya and JGVV Schools, 2 bedrooms, 1400 sq.ft, semi furnished flat with attached baths, hall, kitchen, covered car park available. Small family preferred. Rent Rs. 35,000. Ph: 99406 51957

OFFICE space for rent in No. 43, AK Block 9th Street, Shanthi Colony, Anna Nagar, behind SMF Hospital, in the upper basement. Ph: 90805 55908

FOR RENT ANNA NAGAR

Shanthi Colony, 3 BHK, row house villa, semi furnished, covered car park. Gated community

**99623 65651
94446 45394**

KOYAMBEDU: office space available for rent, opposite CMBT, adjacent to Arihant Tower, 1014 sq.ft duplex flat, ground floor. Total 4 flats only, semi furnished, covered car park. Rent Rs. 40,000. Ph: 94444 68833

COMMERCIAL: 1000 sq.ft, hall type, 3rd floor, lift, No. 79, New No. 3, Y Block 6th Street, 6th Main Road, Anna Nagar, near Tower Park. Ph: 9841682456

BRAND new deluxe flat, 3 bedrooms, hall, kitchen, 3 baths, lift, power back-up, complete wood work, covered car park, behind Santhosh Super Market, Anna Nagar, 11th Main Road. Rent Rs. 75,000, negotiable. Ph: 98402 19222, 98410 05777

ANNA NAGAR, behind VR Mall, VGN Property, luxurious brand new flat, 3 bedrooms, 3 attached baths, pooja, modular kitchen, lift, 1 covered car park, 24 hours water and security. Preferred working executive, family, company guest house also. Rent Rs. 55,000 + maintenance. Ph: S. A. Property, 98414 24241

Foot overbridge across PH Road nearing completion**By Our Staff Reporter**

The new 54.15-metre-long and 5.08-metre-wide foot overbridge across Poonamallee High Road (near Ampa Skyone Mall and Nelson Manickam

Road junction, Aminjikarai) is nearing completion.

It is being constructed by the State Highways Department at a cost of Rs. 15.25 crores.

The facility is equipped with two sets of staircases, two elevators, and four escalators.

An official said that the work is almost complete and testing is under way.

தமிழ் இலக்கிய உரைகள்

அண்ணா நகர் தமிழ்ப் பேரவையின் சார்பில் நவம்பர் 9 ஞாயிறு மாலை 5 மணிக்கு அண்ணா நகர் மேற்கு விரிவாக்கம், கிழக்கு முதன்மைச் சாலையில் உள்ள லியோ மேல்நிலைப் பள்ளியில் பேராசிரியர் முனைவர் **சந்திரசேகரன்** (M.A., M.Phil., Ph.D) **‘நவீன இலக்கியக் கோட்பாடுகள்’** பற்றியும்; **சீனி பழநி** (M.A) தலைமையில் கவியரங்குமம் நடைபெறும்.

அண்ணா நகர் தமிழ்ச் சங்கத்தின் சார்பில் நவம்பர் 16 ஞாயிறு காலை 10 மணிக்கு அண்ணா நகர் கிழக்கு, கந்தசாமி நாயுடு கல்லூரியில் தலைவர் **த. ராமலிங்கம்** தலைமையில் மாணவ, மாணவிகள் பங்கேற்கும் ‘நேரு மாமாவைப் போற்றுவோம்; மஹாத்மாவைப் போற்றுவோம்; இரும்பு மனிதர் வல்லபாய் பட்டேல்; என்னைக் கவர்ந்த தலைவர்’ என்ற தலைப்பில் பேச்சரங்கம் நடைபெறும். நெறிபடுத்தி நடத்துபவர் **சோலை தமிழினியன்**; **S.R.G. சுந்தரம்** (நிறுவனர், பாற்கடல் வானொலி சிறுவர் சங்கம்) சிறப்பு உரையாற்றுவார்.

அனைவரும் வருக.

House owners looking for tenants! Advertise in the Classified Column of Anna Nagar Times!

Wins gold medal in boxing**By Our Staff Reporter**

Monish Lakshryn (Std. 11 student in Velammal Vidyalaya West, Mogappair) won a gold medal in the under-92 weight category in the Tamil Nadu State Boxing Tournament organised by the Chennai Amateur Boxing Association last week.

**Tips to stay fit during the monsoon**

By Dr. R. Badrinarayanan

With the monsoon bringing heavy rains, many, especially elders, are unable to go for their regular morning walks or follow outdoor exercise routines. But fitness and health monitoring can still continue at home with a few simple changes.

Basic stretching, yoga, skipping, spot-walking or even climbing stairs inside the house can help maintain activity levels. 15 to 20 minutes of gentle movement every day keeps the metabolism active.

Do not reduce intake of water. Hydration is not only

for summer. The body still needs water to flush toxins, even when it is cool outside.

Keeping a simple check on your temperature, pulse rate, sleep quality and appetite helps detect early illness. If you feel tired often, lose appetite or get a mild fever, do not ignore it but visit a doctor.

Avoid eating outside food during monsoon, especially from roadside food stalls, due to high risk of contamination.

Fitness during rainy days needs only small adjustments like simple indoor exercises, clean eating, and basic health checks.

WANTED**FULL TIME**

- **MARKETING EXECUTIVES**
- **TELECALLERS** ● **OFFICE BOY**

- ✓ GOOD COMMUNICATION SKILLS (ENGLISH & TAMIL)
- ✓ REQUIRED MALE & FEMALE CANDIDATES
- ✓ EXPERIENCED AND FRESHERS ALSO CAN APPLY
- ✓ CHANNEL PARTNERS ARE ALSO WELCOME

MAIL YOUR RESUME : accordhousinghr@gmail.com

CORPORATE OFFICE : 3rd Floor, Devi nilayam, 2nd Ave, Anna Nagar, Chennai-600040



90927 70704

PREMIUM 3 BHK FLATS FOR SALE @ KOYAMBEDU**Prime Location on 30 Feet Road.**

Site Address:

HAPPY HOMES

No.12/164, 6th Main Road, Sri Ayyappa Nagar, Ch-92 (Walkable distance from Marthoma School)

- ❖ 1150 sq.ft, Total-6 units (3 available)
- ❖ Stilt + 3 Floors
- ❖ Covered car parking
- ❖ Lift ❖ CCTV,
- ❖ EV Charging Port,
- ❖ Potable well water



Offer Price Rs. 9999/- per sq.ft.

For Booking Contact: **ABHI CONSTRUCTIONS**

No.49, Patel Road, Perambur, Ch-11

Ph: 99404 48876 / 98941 68227

500 MTRS. from CMBT, Koyambedu 1 km from VR Mall, Anna Nagar.

Chai (1) PREMIUM LEAF TEA

A Blend of Three. Assam Strong, Nilgiris Fresh, Darjeeling Aroma. Get your favourite Chai (1) at unbeatable prices!

Quarter kg Rs. 130/- Half kg Rs. 250/-

Forwarding charges extra

ISSAI LIC.No.22424536000317

Contact: 89037 74423

GEMINI SCANS NOW LAUNCHES GEMINI LABS



PINK PACKAGE

Basic

Actual Price ₹ 3000 Offer Price ₹ 1500

Mammogram

Advance

Actual Price ₹ 10100 Offer Price ₹ 4850

Mammogram | PAP | HPV | CBC | CA125 | CA15.3 | Thyroid | CEA

Prime

Actual Price ₹ 13000 Offer Price ₹ 6600

Mammogram | CBC | CA125 | CA15.3 | Thyroid | PAP | HPV | CEA
Whole Body (DEXA)

VALID TILL 30TH NOVEMBER 2025

1236, 1ST STREET, GOLDEN COLONY, MOGAPPAIR, CHENNAI 50
HOME COLLECTIONS : 26521182, 26521183. 9884815199

734, P.H.ROAD, NEAR ANNA ARCH, AMINJIKARAI, CHENNAI-29
HOME COLLECTIONS : 9884815185, 9884194436

Walkathon held on breast cancer awareness



Over 1,000 persons consisting of healthcare professionals, students, senior citizens and general public participated in the 'Walk in Pink' walkathon organised by MGM Cancer Institute (Nelson Manickam Road, Aminjikarai)

Two held for robbery

S. Stephen (36) and K. Ajay (41) (history-sheeters and residents of Bus Stand Road, Nolambur) were arrested by Nolambur police on Nov. 6 on charge of robbing Rs.2,500 cash, a wrist watch and a mobile phone at knifepoint from R. Arumugam, a roadside tea stall owner on MTH Road (Padi).

from its premises to Tower Park (Anna Nagar) on Nov. 2.

Dr. M.A. Raja and Dr. Veda Padma Priya (Senior Oncologists, MGM Cancer Institute) spoke on the importance of early detection of breast cancer and preventive care at the conclusion of the walkathon in Tower Park.

Kayakalpa Yoga class today evening

By Our Staff Reporter

Anna Nagar Manavalakkalai Manram (Plot 1255, New No. 10, Flat 5, 1st Floor, Vasantha Apartments, 19th Main Road, behind Kambar Colony, Anna Nagar, Ph: 94442 32955, 94452 36242, 78715 64700) will conduct a Kayakalpa Yoga class from 4.30 p.m to 7.30 p.m on Sunday, Nov. 9 in its premises.

According to the organisers, regular practice of Kayakalpa Yoga will enhance immunity levels in the body system, retard ageing process and extend longevity.

Anyone above 14 years can attend.

Programs for senior citizens this week

By Our Staff Reporter

Dignity Foundation has organised special programs for senior citizens from 4 p.m to 5.30 p.m from Nov. 10 to Nov. 13 in its premises in New No. 27, F Block 2nd Street, East Anna Nagar.

Monday, Nov. 10: Zumba dance

Tuesday, Nov. 11: Online singing and Tai Chi session

Wednesday, Nov. 12: Yoga

Thursday, Nov. 13: Quiz and enacting (Topic: Your favourite movie scene)

All senior citizens are welcome. For free registration, call 73959 38954 or 75502 07456.

Special abhishekam in Chandramouleeswarar temple

By Our Staff Reporter

In connection with Aippasi, special abhishekam with scented oil and sacred water will be performed to deity Kalabairavar from 6.30 a.m to 7 a.m on Wednesday, Nov. 12 in Chandramouleeswarar Temple (1, 15th Main Road, Kathiravan Colony, Anna Nagar).

It will be followed by special alangaaram, pushpa poojai and recitation of Kala Bairavar Ashtakam.

Special abhishekam with milk and paneer will be performed to deities Balamurugan, Valli and Deivanai from 6.30 a.m to 7.15 a.m on Saturday, Nov. 15.

All are welcome.

26 years of clinical experiences in diabetes with homeopathic medicine

Reverse diabetes by homeopathy

- Numbness & burning pains in hands & feet
- Albumen in urine
- Ulceration & gangrene
- Gastric problems with constipation
- Sexual problems • Obesity



SHREE RAM HOMEOPATHY CLINIC Dr. R. Selvakumar BHMS

www.shreeramhomeoclinic.com

17th Street, Q Block, Anna Nagar, Ch.40
58, Arya Gowda Road, W.Mambalam, Ch.33
Ph: 95515 19766, 97893 21947

ADMISSION OPENS NOW!! ENROLL NOW!!

MONTHLY JUST RS.3500/-

HIGH QUALITY Child care and education

OUR CLASSES

- Pre School
- Day Care
- After School Program

Hours of Operation: (10:00 am - 7:00 pm)

+91 98407 31240 / 81480 81240

AG 68, 3rd Cross Street, River View Colony, Anna Nagar, Chennai-40

GPHOMES FINE LIVING

DTCP APPROVED PLOTS NEAR PATTABIRAM (TIDEL PARK)

PON BHOMI

PLOTS 13.5L Onwards

INDIVIDUAL HOME 30L Onwards

Just 500mtrs from Sevvapet railway station

www.gphomes.in 6384 003 003

NEARING COMPLETION INDEPENDENT VILLA @ MOGAPPAIR 2.0

OPP. AYANAMBAKKAM VELAMMAL VIDYALAYA SCHOOL

GPHOMES FINE LIVING

VILLA PLOTS ₹ 53 Lakhs Onwards

GP HOMES Midway Avenue

3 BHK DUPLEX VILLA OFFER PRICE ₹ 1.20 Cr. Onwards

CREDAI CHENNAI

www.gphomes.in 6384 003 003