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Vol. 31, No. 18

1578th Issue: January 7 - 13, 2024

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Free tailoring classes for women

Anna Nagar Ladies Club (X 19/1, New No. 2, 3rd Main Road, near Ayyappan Temple, Anna Nagar) conducts free Tailoring classes for underprivileged women in its premises. The Club requests readers of *Anna Nagar Times* to refer deserving woman to join the course. For details, call 99520 91835 or 97909 68807



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Receives 'Excellence in Medical Field' award

By Our Staff Reporter

In appreciation of her free services to needy patients, Dr. Renuka Ramakrishnan (resident of 7th Cross Street, Shenoy Nagar) was presented 'Excellence in Medical Field Award' by C. Krishniah Chetty Group of Jewellers (Karnataka) in Bangalore on Dec. 31.

Dr. Renuka has been providing free treatment to leprosy-affected and HIV patients from

Kayakalpa yoga class today evening

By Our Staff Reporter

Anna Nagar Manavakkalai Manram (Plot 1255, New No. 10, Flat 5, 1st Floor, Vasanth Apartments, 19th Main Road, behind Kambar Colony, Anna Nagar, Ph: 94442 32955, 94452 36242) will conduct a Kayakalpa yoga class from 4.30 p.m to 7.30 p.m on Sunday, Jan. 7 in its premises.

According to the organisers, regular practice of Kayakalpa will enhance immunity levels in the body system, retard ageing process and extend longevity.

Anyone above 14 years can attend.



poor families and has expanded the service pan-India through a team of like-minded doctors.

She is a Fellow of Royal Society of Health (London).

She is a Rotarian and works for the welfare of transgender and the Irula community.

Her contact number is 94440 87050.

Mass cleaning drive in government schools

By Our Staff Reporter

Under the Engal Palli, Milirum Palli project (Our school, shining school), the School Education Department on Dec. 4 has directed all government schools to hold a mass cleaning drive from Monday, Jan. 8 to Wednesday, Jan. 10

The department has directed the schools to educate students about campus cleanliness, environment protection and recycling, among others.

The entire school premises including classrooms, toilets and the surroundings will be cleaned.

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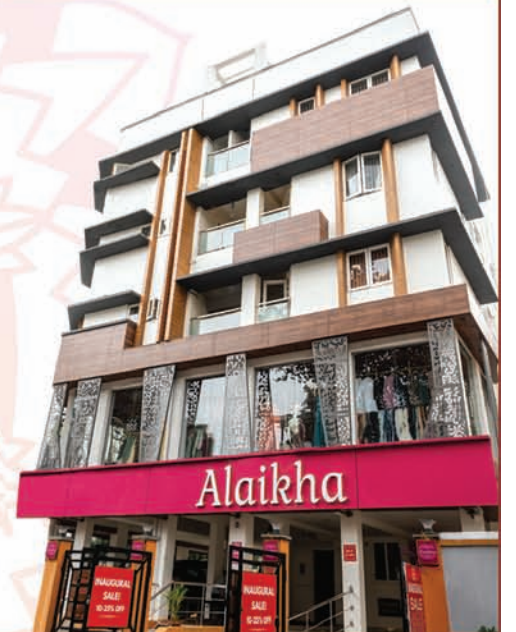
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Dr. Arathi presented Woman Achiever Award

Powerlifting champion Dr. Arathi Arun (resident of H Block 7th Street, Anna Nagar) was presented the Woman Achiever Award by World Women Leadership Congress (Mumbai) in a function held in Taj Club House (Royapettah) on Dec. 30. She received the award from K. Damodharan (Chef and Judge in Cooku with Comali program telecast on Vijay TV).



In the last ten years, she won medals in a number of national and international competitions in squat, bench press and dead lift events. She is a Dentist, and is Director of Smile Center Multi Specialty Dental Clinic (East Anna Nagar).

Felicitated for excelling in Asian Para Games

14-year-old Sharon Rachel Aby (resident of East Mogappair) was felicitated by AL4S Charitable Trust (West Mambalam) on Dec. 3 for excelling in chess in the Asian Para Games held in Hangzhou (China) in October.

She also received a gift hamper from Sreedevi Ayurveda Pharma (West Mambalam).

She suffers from permanent disability and moves about by a wheelchair.



Rotary Club gifts groceries to flood victims

The Rotary Club of Anna Nagar Madras (3rd Street, W Block, Anna Nagar Western Extension) gifted groceries including rice, dhal, edible oils and other items worth Rs. 1.15 lakhs to 75 flood-affected families residing in Vanagaram and Thiruverkadu on Jan. 2.

The Club also gifted Rs. 61,000 to the relief fund established by Rotary District (Thiruverkadu) to help the poor affected by the floods.

Photo shows Jyothi Vakharia (President, Rotary Club) distributing the essentials to the beneficiaries.

Her contact number is 95000 59828.



Velammal students excel in Silambam

By Our Staff Reporter

S. Vihaan (Std. 1 student in VKIDS, Mogappair) and S. Harshan (Std. 7 student in Velammal School (Mogappair)) won medals in Silambam tournaments.

While Vihaan won the gold medal in the mini sub-junior

boys' category in the National-level Silambam Tournament organised by Silambam India Association from Dec. 28 to 31 in Palakkad, Harshan came



S. Vihaan



S. Harshan

1st in the 11-13 years age category in the 6th State-level tournament organised by Maruthu Pandiyar Silambam in Palakkad, Harshan came

Paati Sutta Vadai offers combo pack for dinner

Paati Sutta Vadai (AJ 39, AJ Block 4th Street, off 9th Main Road, Anna Nagar) delivers breakfast, lunch and dinner at doorsteps within a 3-kilometer radius.

It offers combo dinner pack on Wednesdays (Idly, kichadi, masal vadai, sambar and chutney), Saturdays (Masala dosai, rava pongal, sambar and chutney) and Sundays (Onion podi idly, rava pongal, sambar and chutney).

N. Padmasini (Proprietor) told Anna Nagar Times that food per day (breakfast, lunch and dinner) is priced Rs.300.

Breakfast is delivered between 7.30 am and 8.30 am, lunch between 12 noon and 1.30 p.m and dinner between 7 pm and 8 pm.

On Fridays, Saturdays and Sundays, bonda, bajji, paniyaram, pakoda and kozhukkattai are available between 3 pm and 5 pm. Orders must be placed a day in advance. Only cash payment is accepted.

Party orders can be placed for upto 250 persons.

For menu details and orders, call 98849 55514 or 98403 40943 (WhatsApp).

Anjaneyar Jayanthi in temples on Thursday

Anjaneyar Jayanthi will be celebrated in neighbourhood temples on Thursday, Jan. 11.

Devotees can contribute vadai maalai and butter an hour prior to the poojai.

Following are the details:

Sri Balamurugan Temple (Thendral Colony 3rd Street, off Thirumangalam Road, Anna Nagar)

Mahathirumanjanam will be performed from 8.30 a.m to 9.15 a.m, followed by special

poojai with vadai maalai and chanting of Hanuman Chalisa.

Vennai kaappu alangaaram will be performed at 6.30 p.m.

Devotees can have darshan till 8.30 p.m.

Sri Samayapurathu Amman Temple (3rd Avenue, next to K 4 Police Station, Anna Nagar)

Special abhishekam and poojai will be performed with vadai maalai to the deity at 8.30 a.m and 6.30 p.m.

Sri Anjaneyar Temple (Ambattur Estate Road, adjacent to Wavin Signal, Mogappair)

Vennai kappu alangaaram at 8.30 a.m and 6.30 p.m.

All are welcome.

Clothes distributed to slum dwellers

The Youth Wing members of Bharatiya Janata Party (Pulla Avenue, Shenoy Nagar) distributed dhotis, sarees and bedsheets worth Rs.1,000 each to 100 flood-affected families residing in Bharathipuram slum (Shenoy Nagar) on Jan. 3. Dhanasekar (President, Youth Wing, Ph: 98402 78519) and L. Murugan (Union Minister of State of Fisheries) were present.

ANNA NAGAR BAZAAR

This column is intended to help small businesses in Anna Nagar to have a cost-effective advertisement medium. Advertising in this section will be in standard panel sizes of 4 cms x 1 column (costing only Rs. 900) and 4 cms x 2 columns (costing only Rs. 1600)

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Selected for Tamilnadu Silambam team

S. Shalini (2nd year B. Com student in Anna Adarsh College for Women, Anna Nagar) won the one-to-one fight and single stick events in the Under-19 category in the State-level Intercollege Silambam Competition conducted by Youth Games

Silambam Federation of South India in Melakottaiyur on Jan. 4.

Based on her performance, she has been selected for the Tamilnadu Junior team which will compete in the National-level tournament to be conducted by Youth Games Silambam Federation of India in Delhi in February.

She is being trained by R. Karthick (Director, SBKS Sports Academy, Anna Nagar, Ph: 97915 61148).



Office Manager needed for Dr. Ambedkar Academy

Dr. Ambedkar Academy (L 73, L Block 24th Street, East Anna Nagar) is in urgent need of a Manager to look after its day-to-day activities.

Male candidates, between 45 to 55 years of age, may apply. The consolidated monthly salary will be Rs. 10,000.

Interested candidates may appear for personal interview before Friday, Jan. 12. For appointments, contact C. Chellappan (Director) in 94442 44362 between 10 a.m. and 5 p.m.

ANNA NAGAR TIMES

'Sai Krupa', AC 67, AC 1st Street, Anna Nagar, Chennai 40. Ph: 4217 2885, 4261 1648 E-mail: annanagartimes@hotmail.com

International book fair from Jan. 16 to 18

The 2nd edition of the annual Chennai International Book Fair will be held in Chennai Trade Centre (Nandambakkam) from January 16 to 18.

It will remain open from 9.30 a.m to 8 p.m. Publishers from over 38 countries will participate in the book fair.

An array of activities such as book launches, seminars, panel discussions, and workshops will be held.

Tamil book on Mahatma Gandhi released

A Tamil book titled Mahatma Gandhi written by Mullai M. Palaniappan (resident of 323/10, Kathiravan Colony, Anna Nagar) was released at a function on Jan. 2.

The 440-page book is priced Rs. 500.

It covers Gandhi's political activities from 1920 to 1947, accolades by national and world leaders like Dr. Rajendra Prasad, Sarvapalli Dr. Radhakrishnan, Ravindranath Tagore, Albert Einstein, and Maria Montessori.



Palaniappan told *Anna Nagar Times* that the book will be useful to students pursuing higher studies in history and politics.

Copies of the book can be purchased from the author.

His contact number is 98403 58301.

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Distribution of Pongal gift from Jan. 11

Pongal gift hampers will be distributed to all rice ration cardholders from Thursday, Jan. 11.

Tokens will be distributed from Jan. 7.

The hamper consists of 1 kg raw rice, 1 kg sugar, one sugarcane, a saree, a dhoti and Rs. 1,000 cash.

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Thank you Shri Gautam Adani for supporting Praggnanandhaa

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Special offer of briyani by Anwar's Kitchen

By Our Staff Reporter

The newly opened Anwar's Kitchen (7th Main Road, Ground Floor, AG Block, Anna Nagar) offers half plate of briyani free on orders of 1 plate till Tuesday, Jan. 16.

A half-plate of chicken briyani is priced Rs.135 and mutton briyani Rs.320.

The fully air-conditioned restaurant has 25-seater facility.

Anwar Sadath (Proprietor) told *Anna Nagar Times* that Chefs trained from House of Briyani chain of restaurants prepare food in a hygienically maintained modular kitchen.

He said that sea food items are procured afresh from Kasimedu harbour on a daily basis.

Its specialties include thokku rice, gobi thokku rice, thattu idly, pallipalayam and Chettinadu briyani, variety of dosa, hot pepper chicken, prawn 65, barbeque chicken and full chicken briyani. Bucket briyani sufficient for 9 persons is priced Rs.3,100.

The restaurant is open from 7 a.m to 12 midnight.

It offers door delivery within a 5-kilometre radius. Its contact numbers are 91340 79704 and 89039 54183.

Invitation to put up stalls in carnival

Anna Nagar Ladies Club will hold its annual carnival from 10 a.m to 8 p.m on Saturday, Feb. 17 in its premises in X 19/1, New No. 2, 3rd Main Road, near Ayyappa Temple, Anna Nagar.

Residents, NGOs and women organisations are welcome to put up stalls to sell household articles, textile, jewellery, toys, electronic goods and food items including fast food.

It welcomes banks and insurance companies to set up stalls to promote their products.

Those who are interested are requested to contact 99625 95492 or 99520 91835.

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Cost- The average cost for an implant supported tooth may vary between ₹25000/- to ₹45000/- depending on the quality & company product used

Fig - A - missing tooth Fig B - implant in place

Article compile by
Dr. A.V. ARUN - MDS Orthodontist
DIRECTOR - THE SMILE CENTER
Winner of --Best Clinic for Orthodontics Award --
WORLD DENTAL AND ORAL HEALTH CONGRESS- London 2017
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Classified Advertisements under the heads *Accommodation Required, Automotive, Guest Houses, Real Estate, Rental, Situations Vacant and Women's Hostel* will be published on this page. Each advertisement of Real Estate and Rental must relate to only one premises and its address must be given clearly. **The charges are Rs. 1000 upto 30 words. Display Rs. 290 per col. cm**

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ANNA NAGAR East, near Chinthamani, fully furnished rooms with attached baths for rent. Bachelors preferred. Common living room, dining, cot, kitchen, oven, gas, washing machine, fridge, 3 phase connection, with marble floor. Ph: 9840247560, 9940045051

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WANTED 1 to 10 grounds, land, bungalows, flats, AP Plots in Anna Nagar, Kilpauk, Mogappair, Shenoy Nagar, Kolathur. Any prime area. Joint venture also. Immediate settlement. Ph: 9884588199

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NEWLY constructed flat for sale, near Chinmaya Vidyalaya, Belly Area, Anna Nagar, 3 bedrooms, hall, kitchen, 3 baths, lift, covered car park, power back-up, calm locality, posh area, 1476 sq.ft, 3rd of 4 floors, ready to occupy. No brokers. Ph: 9094596796

AP PLOT, G+1 building for sale, east facing, near 6th Avenue, good condition, ready to move. Ph: 9952992522

NEW FLATS FOR SALE MOGAPPAIR WESTERN EXTN.

Near Velammal CBSE School, 3 bedrooms, hall, kitchen. Price: Rs. 60 lakhs onwards. Ready to move
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ANNA NAGAR Western Extension, near SBOA, 45x80 = 3600 sq.ft, north facing, 30 feet road. Links, 9940029996

EAST Anna Nagar, L Block 21st Street, 2 bedrooms, hall, kitchen flat, 1100 sq.ft, UDS 600 sq.ft, 1st floor, covered car park, 13 years old, for sale. Price Rs. 9000 per sq.ft. Jai Shree Krishna Properties Pvt. Ltd, 9894999412

RESIDENTIAL land for sale: Anna Nagar East, near metro, land 2400 sq.ft, 60x40 frontage, 30 feet road. Price Rs. 6.50 crores, final. FSH Homes, 9003026878

TNHB AYAPAKKAM

MIG plot, 2100 sq.ft with pucca compound wall on 40 feet road, south facing. Price: Rs. 7,250 per sq.ft. No Brokers
89392 94502

5000 SQ.FT residential land, Anna Nagar, posh location with old house. Ph: 9840068885, Hanu Reddy Realty India Pvt. Ltd.

ANNA NAGAR WESTERN EXTN. 120 FEET ROAD

New 3 BHK
opposite Frontier Lifeline Hospital, CMDA approved, 1535 sq.ft, 1674 sq.ft. upscale modern amenities. RERA: TN/29/ Building/0249/2023
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KORATTUR, TVS Nagar Annexe, 2nd Cross Street, 24 feet road, north west corner, near Alliance Orchid Springs, 2228 sq.ft (1428 + 800). Price 2.10 crores. Ph: 9445120527

MOGAPPAIR East, TNHB, 3 bedrooms, hall, kitchen flat, 1557 sq.ft, east facing, 843 sq.ft UDS, 4th floor, 3 baths, lift, marbonite floor, excellent wood work, modular kitchen, covered car park, 7 years old. Price Rs. 1.2 crores. Call Agent, Golden Estates, 9629534388

ANNA NAGAR, off 6th Avenue, P Block, 3 bedrooms with study, built-up 1655 sq.ft, UDS 1040 sq.ft, 12 years old, prime location, 2 covered car parks, lift, split A/c, good wood work. Vegetarians only. Inspection: 4 p.m. Contact: Open Doors, 9884282290, 9840046131

NEW FLATS FOR SALE MOGAPPAIR WEST

Ground + 3 floors, 3 bedrooms, hall, kitchen, full interior, east facing, covered car park, metro, drainage. Price: Rs. 9,499 per sq.ft
97918 00123

LAND with old house, AP Plot, 880 sq.ft (22x40), Anna Nagar East, O Block. Price Rs. 1.65 crores. Ph: Jain Estates, 8072307332, 8248463404

VILLIVAKKAM, Rajiv Gandhi Nagar, new premium 2 bedrooms, hall, kitchen flat, ready to occupy, lift, covered car park, 900 sq.ft. Price Rs. 78 lakhs, all inclusive. Ph: 7200097450

ANNA NAGAR, posh 1.5 grounds with house, clear title. Price Rs. 9.25 crores. Ph: Rasi Estate, 9840040333. No brokers.

ANNA NAGAR, 2 + 1 bed room flat for sale, modular kitchen, vitrified tiles floor, 2nd floor, reserved car park, lift, metro & bore water. Rental income Rs. 25000. Posh location. No brokers. 9092841498

FLAT for sale: Anna Nagar, near Chinmaya Vidyalaya, 3 bedrooms, hall, kitchen, 1460 sq.ft, UDS 673 sq.ft, 7 years old, 2nd floor with lift, covered car park, power back-up, 24 hours security, Pushkar Builders. Price Rs. 1.90 crores. Ph: 9840313203

POSH road, 2 bedrooms, 920 sq.ft, 2nd floor, modular kitchen, open car park, 23 years old, Flat 7, Sigma Grove Apartments, AL 197, 14th Main Road, Anna Nagar. No brokers. Price Rs. 1 crore, negotiable. Ph: 9840143550

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Prime, 4000 sq.ft land for sale. (80 sq.ft. x 50 sq.ft.) 8000 sq.ft, ground + 2 building with shops and residential house, 60 feet road, and 40 feet road, corner, clear title. Suits for residential, commercial, hospital, etc.
94999 22996

ANNA NAGAR, Shanthi Colony, 1200 sq.ft, 3 bedrooms, 3rd floor, east facing, open car park, lift, UDS 700 sq.ft, 17 years old, for immediate sale. Ph: Joti, 9884815081

ANNA NAGAR East, 1450 sq.ft flat, 3 bedrooms, 2 toilets, UDS 860 sq.ft, only 6 flats, covered car park, lift, 20 years old. Price Rs. 2.25 crores. Call: Rasi Estate, 9840040333. No brokers.

ANNA NAGAR East, L Block, 1450 sq.ft flat, UDS 992 sq.ft, ground floor, north facing, 2.5 bedrooms 3 baths, extra 300 sq.ft service area, covered car park, 25 years old. Commercial or residential, clinic. Good investment. Price Rs. 1.50 crores. Ph: 9840185405

SALE of flat: commercial, residential: Anna Nagar, L Block, south facing, 3 bedrooms, 1485 sq.ft, 1 covered car park, private terrace, UDS 900 sq.ft. Price Rs. 1.70 crores. Ph: 9710299797

ANNA NAGAR, posh area, brand new flat, ready to occupy, 1345 sq.ft, UDS 610 sq.ft, east facing, CCP, power back-up, lift, school area, 2nd floor. Price Rs. 2.10 crores. Ph: Lawrence, 9840185405

MOGAPPAIR West, vacant land for sale: 40x65 sq.ft, CMDA approved, 40 feet and 24 feet road, north east corner, in Sakthi Nagar, Nalambur. Ph: Selvin Real Estate, 7358431599

FLAT FOR SALE

2 BHK Flat with Covered Car Parking Sale at: "BEN FOUNDATION" Anna Nagar West Extension, Chennai- 600 040. Gated Community, Play Area Flat on Main Road, Lift, CCTV, Security, 24Hrs Water Facility, BUILT AREA - 920 sq.ft UDS - 490 sq.ft Rs. 70L Negotiable. Contact 9382832923 8248007946

ANNA NAGAR, Shanthi Colony, 14th Main Road, AL Block, 2 bedrooms, hall, kitchen flat, 920 sq.ft, UDS 498 sq.ft, semi furnished, 2nd floor, lift, open car park, west facing, 23 years old, well maintained. Price Rs. 1 crore, negotiable. Ph: Suresh Kumar, 9094583555

RENTAL (WANTED)

WANTED FOR RENT Commercial space, ground floor, 1000 to 1200 sq.ft, with car park in Shanthi Colony and in & around Anna Nagar
99405 57670

RENTAL

PURASAWALKAM, Alagappa Road, 2.5 bedrooms, hall, kitchen, 1st floor, 1400 sq.ft, with covered car park, 24 hours water, for rent. Ph: 9677281905, 9840334009

COMMERCIAL office, clinic place, godown available for rent in and around Anna Nagar, 1400 sq.ft, as per our client requirement. Space Realities, 9840265610

3 BEDROOMS, hall, kitchen, first floor, east facing, 1300 sq.ft, 60 feet road, 24 hours security, car park, lift. Ph: 9952992522

BEHIND DAV Boys School compound wall, Mogappair, 2 bedrooms, ground floor house, 2 baths, 1 attached, staircase to go to open terrace, 2 wheeler park, open car park. Ph: 08068132067

ANNA NAGAR

Apartment in AE Block 1st Street, 3 bedrooms, 2 baths, hall, kitchen, covered car park, back-up generator. Rent: Rs. 35,000 + maintenance
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GROUND floor, No. 9668, Ayapakkam TNHB, 2 bedrooms, hall, kitchen, 3 attached baths, 660 sq.ft. Rent Rs. 9500. Ph: 7200205948

ANNA NAGAR, flat for rent, family or bachelor, 1st floor, east facing, 2.5 bedrooms, hall, kitchen, 1 car park, near Tower Metro, 11th Main Road. Ph: Suresh Babu, 9841553034, 9080184847

ANNA NAGAR East, behind Chinthamani, R.V. Nagar, 2 bedrooms + study room, kitchen, big hall, no car park, only 2 wheeler park, semi furnished, 1600 sq.ft. Rent Rs. 22,000. Ph: 6380918181

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3 bedrooms, hall, kitchen, semi furnished, 1350 sq.ft with lift, car park, newly painted, 3C, Pettukola Towers, No. 190, Poonamallee High Road, opposite to Taylors Road. Ready for occupation. Rent: Rs. 40,000. Strictly vegetarian family only
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RENTAL

ANNA NAGAR, near Shanthi Colony, 3 bedrooms flat with attached baths, A/c, 2000 sq.ft, 2 covered car parks, lift, genset, 2nd floor. Rent Rs. 65,000 + maintenance and 6 months advance. Ph: 9962906199

ANNA NAGAR, near 2nd Avenue, 3 bedrooms, hall, kitchen, deluxe flat, 2400 sq.ft, east facing, 2nd floor, lift, excellent wood work, 4 bedrooms, 2 covered car parks, modular kitchen, genset. Working professional only. Ph: Agent Golden Estates, 9677290088

MOGAPPAIR East, near MMM Hospitals, 2 bedrooms, hall, kitchen flat, 1100 sq.ft, south facing, 2nd floor, lift, wood work, 100% vaastu, 1 covered car park, 10 years old flat. Rent Rs. 25,000. Working professionals preferred. Ph: Agent Golden Estates, 9677290088

ANNA NAGAR COMMERCIAL

New 1600 x 2 and 3000 sq.ft, hall type, 1st floor, lift, power back-up, near Anna Nagar East Metro Station
98402 44446

FIRST floor of independent house, 2 bedrooms, hall, kitchen, car park, I Block, Aishwarya Colony, Anna Nagar. Rent Rs. 25,000 + maintenance. For family only. No pets. Ph: 9789971966

ANNA NAGAR, 12th Main Road, Shanthi Colony, 2 bedrooms flat, with study room, 1200 sq.ft, 1st floor, north facing, covered car park, wood work. Ph: 8939446692, 9710620232

COMMERCIAL space, 3300 sq.ft, hall type, 2nd floor with lift, covered car park in Anna Nagar, for rent. Ph: 9443646943, 7448442595

COMMERCIAL & residential: Anna Nagar, 2 bedrooms, 1st floor, 900 sq.ft, 2 attached baths, near LKS Jewellers, 11th Main Road. Ph: Velu, 9841013369

ANNA NAGAR, near 20th Main Road, 1500 sq.ft flat, 3 bedrooms, hall, kitchen, covered car park. Ph: 98407647555, 8270410017

FURNISHED house, 3A/cs, 2 cots with bed, 2 geysers, TV, sofa set, 2 bedrooms, hall, kitchen, 2nd floor, no lift, Shanthi Colony, opposite Naidu Hall. Rent Rs. 30,000. Ph: 8056057290, 9710377011

NO. 1202, Anna Nagar West End Colony, 17th Street, behind DAV Boys School, 2200 sq.ft, 3 bedrooms, hall, kitchen, north facing, spacious 1st floor, A/c, car park with all amenities. Ph: 9150268143, 9840912230

ANNA NAGAR, posh area 1900 sq.ft, for beauty parlor, spa, running business, 3 bedrooms, 2 baths, north facing, car park, near metro. Rent Rs. 65,000 and advance Rs. 5 lakhs. Ph: P. Lawrence, 9840185405

ANNANAGAR, 3 bedrooms, hall, kitchen flat, covered car park, 1st floor flat for rent. Tamil Realtor, 7358399065

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Part / full time

94442 12933
99414 43160

THANKS GIVING

Prayer of Application to
the Holy Spirit

Holy Spirit who solves
all problems who lights
all roads so that I can
attain my goal. You who
give me the divine gift to
forgive and forget all evil
against me and that in all
instances of my life you
are with me. I want in this
short prayer to thank you
for all things and to
confirm once again that I
never want to be
separated from you even
and in spite of all material
illusion. I want to be with
you in eternal glory.
Thank you for your mercy
towards me and mine.

The person must say
this prayer for three con-
secutive days. After three
days the favour reque-
sted will be granted even
if it may appear difficult.
This prayer including
these instructions must
be published immediately
after the favour is granted
without mentioning the
favour. Only your initials
should appear at the
bottom. **S.G**

Procession, special poojai to
Lord Ayyappa on Jan. 15

In connection with Mahara Jothi Peruvizha in Sabarimala Temple (Kerala), Akila Bharatha Ayyappa Seva Sangam (Valayapathi Salai, East Mogappair) has organised palanquin procession of the Ayyappa idol and jewellery box kept in Sri Abathsahaya Vinayagar Temple (Thiru Nagar, Villivakkam) at 4.30 p.m on Monday, Jan. 15 along Thiru Nagar, Thirumangalam Road and Thendral Colony 3rd Street to reach Sri Balamurugan Temple (Thendral Colony, Anna Nagar). Special abhishekam will be performed with tender coconut and ghee followed by special alangaaram at 5.30 p.m to the idol. Devotees can have darshan till 8.30 p.m

Women devotees can perform Thiruvillakku poojai from 5.30 p.m to 6.30 p.m.

All are welcome. For more details, call 99436 27927.

The Sangam has been performing the peruvizha on Jan. 15 every year since 2013.

Former Headmaster gifts sintex tank to school

S. Palani (resident of 4/33, VOC Nagar Main Road, East Anna Nagar) donated a 1,000 litre sintex tank worth Rs.7,000 to Government Middle School (Washermenpet) on Jan. 3.

After retirement as Headmaster from a Chennai Corporation school, he is practicing as Advocate in Madras High Court. He also provides free legal counselling to the poor and runs the NGO Abdul Kalam Welfare Association. His contact number is 99406 33926.



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% Occurrences with returns at	<0 pct	0-8 pct	>8pct
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Multi-Asset Portfolio	0.0	32.7	67.3

Back testing of the proposed portfolio says that the addition of Gold and Debt to Equity demonstrates that the occurrence of a loss is eliminated when you hold your investment for at least 3 years, and also the portfolio has a high frequency of delivering inflation beating returns. Average inflation during this period has been 6.43% per annum.

Source: Bloomberg; Computation: In-house. Data from Jan 2010 to Sep 2023. Rolling Returns calculated on a daily basis. Multi asset model portfolio considers theoretical allocation of 25% to Gold, 10% to 10Y G-secs and the rest towards Nifty 50. Equity allocation to Nifty 50 ranges from 50% to 65% based on asset allocation framework using market valuations. Past performance may or may not be sustained in the future. The index used is CPI combined (2012 base).



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