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Ph : 2814 2616 / 98409 54207

Vol. 11, No. 28

January 20 - 26, 2013

FREE

Colourful kolams mark Pongal celebrations



By Our Staff Reporter

Residents of 4th Sector displayed colorful kolams outside their houses as part of Pongal celebrations organized by 4th Sector Exnora Residential Welfare Association on Jan. 13.



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Polio drops to be administered today

By Our Staff Reporter

The first dose of oral polio vaccine for 2013 will be administered to children under 5 years on Sunday, Jan. 20 under the pulse polio immunization program.

All children under 5 should be immunized irrespective of their previous immunization status. Sick children including those affected by diarrhea can also be administered the polio drops.

Immunization camps with transit booths will also be set up in railways stations, bus terminuses and tourist spots to cover families in transit.

Mobile teams will visit hotels and theaters.

Volunteers are visiting residential areas in autorickshaws mounted with public address systems and appealing to parents to bring their children for administration of polio vaccine to the nearest vaccination center.

The vaccine will be administered at the following centers:

Ashok Nagar
 Health Post 34, 35th Street.
 Health Post, 26, 5th Avenue.
 ICDS, 371, 45th Street.
 ICDS, 369, 77th Street.

ICDS, 87th Street
 Government Girls Higher Secondary School, 53rd Street.

Corporation Gymnastic Center, 22nd Street.

Corporation School, 83rd Street, Kanniappa Nagar.

Rajarajeshwari Nursing Home, 7th Avenue.

Guild of Service, 13th Street, Pudur.

Sri Sai KRS Hospital, 7th Avenue.

Corporation Dispensary, 62nd Street, Nallan Kuppam.

LAB 22, 8th Street

Mobile centers: Udayam Bus-stop, St. Mathias Church (Kamarajar Salai), CSI Church (100 Feet Road).

K. K. Nagar

Lions Club School, P. V. Rajamannar Salai.

Corporation Division Office, 10th Sector.

Ayyappan Temple, Pon-nambalam Salai.

49/13, Bismi Builders, West K. K. Nagar

Yokesh Flats, 28, East Vanniar Street, West K. K. Nagar.

38, East Vanniar Street, West K. K. Nagar.

ICDS, 361, 13, Vivekanandar Street, West K. K. Nagar.

N. N. Nagar Health Post,

Lake View Road, Nesapak-kam.

Pillayar Koil Street, Khan Nagar, Nesapakkam.

Corporation Middle School, Erikkarai Street, Nesapak-kam.

K. K. Nagar Health Post, 56th Street, Vijayaraghava-puram.

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CARRY FORWARD TEAM CARRY FORWARD ANNOUNCES NEW BATCH FOR CA-IPCC NOVEMBER 2013 & CPT JUNE 2013
 CLASSES COMMENCE FROM 10th FEBRUARY, 2013

IPCC BATCHES CLASS TIMINGS

Day Batch	07.30 a.m to 12.30 p.m.
Evening Batch	03.00 p.m to 08.00 p.m.

CPT BATCHES - 11.30 a.m to 04.30 p.m.

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 IPCC Classes Will Commence from 11th Feb '13 & CPT Classes Will Commence from 23rd Jan '13

IPCC Batches	Classes Timing	Branch
Morning Batch	6.30am to 12.45pm	Mandaveli
	7am to 1.15pm	Anna Nagar
Day Batch	10 am to 4.45pm	Nungambakkam
Evening Batch	1.45 pm to 8pm	T.Nagar

HIGHLIGHTS OF THE CA-CPT & IPCC COURSE

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- 10 All- Indian Rankers in CA-PCC/IPCC May '12
- 7 All - Indian Rankers in CA-FINAL - May '12

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Now the Ashok Nagar - K.K.Nagar edition of Mambalam Times can be accessed in www.mambalamtimes.in

Garbage, parked vehicles irk residents



By Our Staff Reporter

Dumped garbage and vehicles parked outside the Corporation Park on 12th Avenue, Ashok Nagar are an eyesore for visitors and residents. They told *Mambalam Times* that vehicles, parked day and night, provide a convenient cover for passersby to urinate. Garbage is not cleared regularly resulting in foul smell and health hazards, they added.

Sai bhajans on Saturdays

By Our Staff Reporter

Sai bhajans are conducted at 6.15 p.m on Saturdays in Sri Sathya Sai Organization, Ashok Nagar Samithi (143, 101st Street, 15th Sector, K. K. Nagar).

All are welcome.

More details can be had from T. S. Mani (Convenor) in phones 2489 7017 and 98843 92244.

In Bharathidasan Colony

Bharathidasan Colony Bhajan Mandali (18-D, Bharathidasan Colony, K. K. Nagar) conducts Sri Sathya Sai bhajans from 6.30 p.m to 7.30 p.m on Saturdays in its premises.

All are welcome.

More details can be had in telephone number 94448 25183.

Film banners removed from pavement



By Our Staff Reporter

Vinyl banners publicizing the release of a new film erected on the pavement in the neighbourhood hindered the movement of pedestrians till they were removed by Chennai Corporation workers.

One of many that got away



By Our Staff Reporter

With the regulations for number plates not being strictly enforced, motorists continue to thumb their noses at the traffic police with 'fancy' number plates but the one in the photograph, snapped on Usman Road, T. Nagar on Jan. 14, appears to take the cake.

Sai bhajan programs in T. Nagar and Mambalam

By Our Staff Reporter

Sri Sathya Sai Samiti conducts Sai bhajans every week in the following venues in T. Nagar and Mambalam.

T. Nagar:

Sai Keshav Hall, 157, G. N. Chetty Road (near Panagal Park, Vijaya Bank building): Saturdays, 5 p.m.

Ayurvedasramam, 155, G. N. Chetty Road (near Panagal Park): Mondays, 6 p.m.

50/38, Motilal Street (opposite Ranganathan Street): Wednesdays, 6 p.m.

Muthumaari Amman Temple, South Boag Road: Mondays, 6.30 p.m

Mambalam: 12A/27, Thambiah Road, West Mambalam: Saturdays, 5.15 p.m.

Vallabha Ganapathy Temple, Arya Gowda Road, West Mambalam: Fridays, 6.30

p.m.

Murugashramam, Srinivasa Pillai Street, West Mambalam: Second Tuesdays, 6 p.m.

For registration, please call 94456 11333 or 94447 73926.

All are welcome.

The Samiti also sells books on Sai literature and CDs of Sai bhajans.

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Lecture on 'Charama Slokas'

By Our Staff Reporter

Monthly Uttirattadhi lecture by Dr. M.K. Srinivasan (Director, Sri Malola Vageesa Vani) on 'The Three Charama Slokas' at 3 p.m on Sunday, Jan. 20 in "Sri Malola" Old No. 93, New No. 174, Habibullah Road, T. Nagar. Ph: 2814 3406. All are welcome.

New office-bearers

By Our Staff Reporter

A. A. Philip has been elected as the President of Raghavan Colony Welfare Association, Jaffer Khanpet for the period 2013-14.

The following are the other office bearers: S. Srinivasan (Vice-President), S. T. Veeran (Secretary) and T. K. Srinivasan (Treasurer).

Child Helpline
1098

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NO HOLDS BARRED

By M.A. SADANAND

Hirsuteram, a newfangled seer from the North, has, before the court can have a look at the 1000-page charge sheet and other papers, convicted the murdered Miss Rapee of Delhi, seeing with his spiritual eye the entire scenario that led to the bus picnic and Rapee's seduction by the half dozen flesh fiends!

All that Defence Minister Anthony need to do to unfurl the Pakistani army beheaders of two of our soldiers at the LOC, is to seek Hirsuteram's diagnosis of the return to the good old days of barbarity by the Pak army. Anthony may incidentally use the good offices of H.Ram in divining how the Maoists packed the dead people with explosives that, on a silken touch by rescuers, blew them into smithereens. Well, some live and learn while some die so that others may learn. This is a precious legacy that the dogman H.Ram is leaving for Mother India!

The 30th Anniversary issue of "The Week" dated December 30 on the "Icon for Today's India", meaning Swami Vivekananda (no relation of mine) who lived about 150 years ago, extracts what great vedantists wrote about Vivekananda's thoughts. The article says, "While he believed that Advaita Vedantha is the religion of the future enlightened humanity, he was firmly persuaded that, without the help of practical Islam, theories of Vedantha, however powerful and fine they may be, are entirely valueless to mankind. Therefore, "I see in my mind's eye the future-perfect India rising, out of this chaos and strife, glorious and invincible with Vedanthic brain and Islam body.....". What do you say, India and Pakistan?

No barricade around pit



By Our Staff Reporter

There is no barricade on the edge of this pit surrounding a pillar at the Metro Rail site near Dr. Ambedkar slum on 15th Avenue, Ashok Nagar which poses a danger to road users, especially during night.

Calling volunteers for free service in Tirumala

By Our Staff Reporter

Sevas (Plot No. 103, 10th Main Road, Vijaya Nagar, Velachery) sends volunteers for week-long service to pilgrims in Tirumala starting on Mondays and ending on Sundays.

Men and women who are physically fit and are willing to stay in Tirumala for a week are welcome to offer their services for 6 hours every day.

The work will be of supervisory nature.

Accommodation, lunch and dinner will be provided free of cost.

They can have special darshan of Lord Venkateswara.

Travelling expense and the cost of breakfast must be borne by the volunteers.

Those interested can contact P. Sundaram (Ph: 98417 26695).

Pongal celebrated in Jeeva Park



By Our Staff Reporter

Members of Jeeva Park Walkers and Joggers Association celebrated Pongal in the park on G. N. Chetty Road, T. Nagar on Jan 13. They prepared pongal, sang folk songs and rendered Andal Thiruppavai.



Temple chariot almost ready

By Our Staff Reporter

Construction of a chariot for Arulmigu Kasi Viswanathar Temple (Kuppaiyah Street, West Mambalam), initiated by Kasi Viswanathar Thirukovil Theru Thirupani Arakattalai, is nearing completion.

E. G. Sekar (President) told *Mambalam Times* that the temple car will be ready for the brahmotsavam on March 23. It will undergo trial runs earlier on nearby roads. Devotees have donated liberally for the project, he added.

He said that work on the temple car has been going on day and night for the past 8 months.

He appealed for donations to make two 4-ft tall wooden horses (Rs. 20,000 each) and four 7-ft tall lions (Rs. 35,000 each).

More details can be had from Sekar in phone 99414 26226, S. Mohan (Secretary) in 93828 15033 and S. Jayamani (Treasurer) in 99410 61933.



Free Veda classes on Sundays

By Our Staff Reporter

Sri Sai Seva Chakra (15, Bharathi Street, West Mambalam) conducts free Veda classes from 6.30 a.m to 7.30 a.m on Sundays in Sri Krishna Gana Sabha, Maharajapuram Santhanam Salai, T. Nagar.

Veda classes are conducted from 3.30 p.m to 4.30 p.m on Sundays in Sai Seva Chakra's premises.

All are welcome.

More details can be had in telephone number 98843 05676.

Advaita's dance program today



By Our Staff Reporter

Advaita Raja (resident of 5, Krishna Street, T. Nagar) will present a bharathanatyam program at 4.30 p.m on Sunday, Jan. 20 in Brahma Gana

Sabha, Sivagami Pethachi Auditorium, 179, Luz Church Road, Mylapore.

She is a disciple of A. Lakshman. All are welcome.

Chennai book fair in Nandanam till Wednesday

By Our Staff Reporter

The 36th annual Chennai book fair is being held this time at Y.M.C.A Physical Education Ground (Nandanam) till Wednesday, Jan. 23.

It is one of the biggest platforms for Tamil publishers to display and sell their publications.

It has been shifted this year from St. George Anglo Indian School (Shenoy Nagar) to the new venue owing to the ongoing Metro Rail work in the vicinity.

This year there are 747 stalls selling more than 10 lakh titles spanning a wide genre, including children's titles, fiction, non-fiction, poetry books, religious, school and college material and much more.

There is a 10% discount on all books.

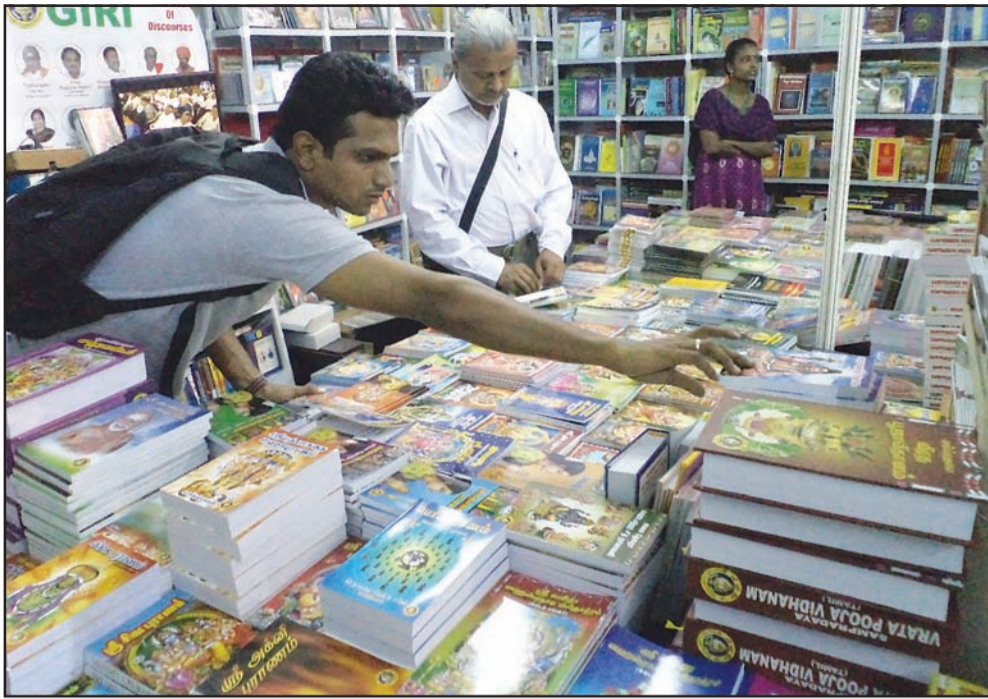
The fair is open from 2 p.m to 8.30 p.m. on weekdays and 11 a.m. to 9 p.m on weekends.

Entrance is free for children below 12 and Rs. 5 for others.

A police outpost, fire and ambulance service, and first aid facility have been provided in the venue.

Wheelchair service is available for the elderly and handicapped visitors.

There is sufficient parking space for both 2-wheelers and 4-wheelers.



Free classes for job exams

By Our Staff Reporter

Esakki Foundation (27, Rameswaram Road, T. Nagar), an NGO, will conduct free classes for examinations for recruitment for the following vacancies till Jan. 21 in its premises.

30000 posts in Group 1,2, 3, 4, VAOs, Asst. Engineers etc. and for 15000 Teachers through TET to be conducted by Tamilnadu Government. 20000 Central Government

jobs (Tax Inspectors, Customs Appraisers, Assistants), 20000 clerks for State Bank of India and 22000 officers for nationalised banks.

The following topics will be covered: Speed Maths, Memory Techniques, Winning Strategies, General Knowledge, English Grammar & Intelligence. Model question papers will be given.

For more details, call 93822 11111, 2435 8560

Program in Ramana Bhaktha Samajam on Sundays

By Our Staff Reporter

Sri Ramana Bhaktha Samajam, West Mambalam (BVSN Moorthy School, Thambiah Road, West Mambalam) conducts the following program on Sundays:

5 p.m: Veda paarayanam
5.30 p.m: Ramana Maharishi's Aksharamanamalai.
6 p.m: Discourse.
All are welcome.
More details can be had in phone 94441 72623.

Special pooja is conducted and prasadam distributed among special children at 11.30 a.m on Ramana Maharishi's birth star day (Punarpoosam).

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Residents protest 'illegal parking, hawker encroachment'

By Our Staff Reporter

A group of residents of T. Nagar Fed staged a demonstration in front of R1 Mambalam police station on Jan. 13 to protest against 'illegal parking and hawker encroachment'.

They dispersed after police officers assured them that a study will be undertaken to bring about changes in traffic regulations. But the police officers reportedly pointed out that it was for Chennai Corporation to take steps to regulate hawkers.

The police also said that they would meet residents once in 15 days to solve emerging civic issues because of traffic congestion.

Residents alleged that the number of hawkers in T. Nagar had increased considerably over the past few months.



They said that the number of shops on Railway Border Road had crossed 700 though the High Court had permitted only 131. Similarly, the number of hawkers on Usman Road

had gone up. In a petition, the residents said that every inch of commercially significant area had been occupied by hawkers and traders with the support of of-

ficials.

In 2009, Chennai Corporation had requested Tamil Nadu Urban Infrastructure Financial Services Limited to comprehensively redevelop T. Nagar to ensure smooth traffic flow, integrate commercial activities and improve environmental quality.

Chennai Corporation has firming up plans and proposed some key projects such as 'pedestrianisation' of Thyagaraya Road, South Usman Road and areas around Panagal Park; dedicated hawker zones in the pedestrian areas; an elevated skywalk connecting Mambalam railway station and T. Nagar bus terminus; redesigning of Panagal Park; integrated traffic signals and multi-level car parking. Report: courtesy The Times of India.

Shops close for Pongal



A number of shops in the neighbourhood were found closed for Pongal on Jan. 14.

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காராபூந்தியை சாப்பிடுவது எப்படி?

அப்புறம் மறந்துவிடும். ஆகவே சொல்லிவிடுகிறேன். எல்லா நண்பர்களுக்கும் எல்லா நண்பரல்லாதோர்க்கும் (தாமதமான) புத்தாண்டு வாழ்த்துக்கள்.

வள்ளியம்மாள் கல்லூரியின் அரங்கத்தில் வழக்கம் போல இந்த ஆண்டும் தமிழ் இசைவிழாவைக் குதூகலமாகக் கொண்டாடினார்கள். ஒரு ரசிகர் சொல்லிக் கொண்டிருந்தது போல, மொத்தம் பத்து நாட்கள் விழாவாக இதை மாற்றி ஆறு நாட்களில் முழுக்கு முழுக்கு தமிழ் இசை விழாவாகவும் மீதி நாறு நாட்களில் பொது இசை விழாவாகவும் நடத்தலாம். நல்லி செட்டியார் மனசை வைக்க வேண்டும்.

சிக்கல் சகோதரிகளின் அருமையான புல்லாங்குழல் கச்சேரியைக் கேட்ட போது போன வருடம் வேறொரு சபாவில் இவர்களுடைய நிகழ்ச்சியைக் கேட்டது ஞாபகம் வந்தது. (ஆனால் சங்கீத விஷயம் அல்ல.)

அன்று என் அருகில் இரண்டு பெரியவர்கள், பிவினஸ் பிரசன்னையோ குடும்ப பிராப்ட்மோ, மெதுவாக விவாதித்துக் கொண்டிருந்தார்கள். அப்போது அவர்கள் இருவருக்கும் தெரிந்த மூன்றாவது, எங்கிருந்தோ வந்து இரண்டு பேருக்கும் ஆளுக்கொரு காராபூந்தி பாக்கெட்டைத் (பிளாஸ்டிக்) தந்துவிட்டுத் திரும்பிப் போய் விட்டார்.

இந்த இருவரையும் கவனிக்கலானேன். இருவரில் ஒருவர் தன்னிடம் கொடுக்கப்பட்ட பாக்கெட்டை சட்டென்று கிழித்துத் தன் உள்ளங்கையிலும் நண்பரின் உள்ளங்கையிலும் தாராளமாகக் கொட்ட, இருவரும் லபக் லபக்கென்று வாயில் போட்டுக் கொண்டிருந்தார்கள். நாசூக்காக அல்ல, பகிரங்கமாகவே.

முதல் பாக்கெட்டை காலி. அடுத்தது -

மற்றவரின் முறை. துரதிர்ஷ்டவசமாக முதல்வரின் திறமை இரண்டாமவருக்கு இல்லை. பாக்கெட்டைப் பிரிப்பது ரொம்ப சுலபம் என்பது போல அலட்சியமாகக் கிழித்தார். இல்லை, கிழிக்க முயன்றார். தோல்வி. அந்த முனையை விட்டு விட்டு வேறு முனையில் முயற்சியைத் துவக்கினார். அதிலும் ஊகம். இடது பக்க ஓரத்தைக் கிழிக்க நினைத்தார். முடியவில்லை. பிறகு வலது பக்க ஓரம். அதுவும் முடியவில்லை. சட்டென அவருடைய முகம் மலர்ந்தது. 'ஆ! இந்த இடத்தை விட்டுவிட்டோமே! இதெல்லவா கிழிக்க வேண்டிய இடம்!' என்று தனக்குள் சொல்லிக் கொண்டு ஒரு வெற்றிப் புன்னகை புரிந்துவிட்டு பாக்கெட்டின் நடுப்பகுதியில் உள்ள மடிப்பைக் கிழிக்கப் பார்த்தார். அது என்ன ராட்வீசப் பிளாஸ்டிக்கோ, மற்றப் பகுதிகளைக் காட்டிலும் அந்த நடுப்பகுதியை அவருக்கு அதிக பெப்பே காட்டியது.

முதல் பாக்கெட்டைப் பிரித்துத் தன் காராபூந்தியை இவருக்குப் பங்கிட்டுத் தந்த பரோபகாரி, இந்த ஆசாமி எப்போது பாக்கெட்டைப் பிரித்து எப்போது தன் காராபூந்தி கடனைத் திருப்பி செலுத்தப் போகிறாரோ என்பது போல இவரையே ஓரக் கண்ணால் பார்த்துக் கொண்டிருந்தார். நான் இருவரையும் என் ஓரக்கண்ணால் பார்த்துக் கொண்டிருந்தேன்.

பாக்கெட்டின் மேல், கீழ், இடது, வலது, வயிறு, மார்புப் பகுதிகள் மொத்தத்தையும் ஸ்கேன் பண்ணிப் பார்த்த பின்னர் அவர் சோர்வுடன் பெருமூச்செறிந்தார். இரண்டையகிழுவை நகத் தாலயே கிழித்த நரசிம்ம பகவானைப் போல் தனக்கும் நகங்கள் இருந்திருக்கக் கூடாதா என்று மனசுக்குள் வருந்தியிருப்பார்.

திடீரென்று அவருடைய முகத்தில் ஒரு பிரகாசம் - ஞானோதயம் ஏற்பட்டது. 'இறைவன் நகத்தைத் தராவிட்டால் என்ன? பற்களைக் கொடுத்திருக்கிறானே!' என்று புத்திக்குப் புலப்பட்டது போலும்! பாக்கெட்டின் முனையைப் பல்லால் கடித்து இழுத்துக் கிழிக்கும் அடுத்த முயற்சியில் இறங்கினார். அவருடைய காராபூந்தி நண்பர் இனிமேல் கடன் திரும்பி வராது என்று தீர்மானித்துவிட்டார். அத்துடன் என்னதான் சினேகிதரானாலும் அவர் எச்சில் படுத்தியதை வாங்கி சாப்பிடுவதா என்றும் எண்ணியிருக்க கூடும். பார்வையை மேடைப் பக்கம் திருப்பிக் கொண்டார்.

எனக்கு பயம் ஏற்பட்டது.

பாக்கெட்டை இவர் படுத்திக் கொடுத்த பக்கம் கடிக்கிற கடியில் இழுக்கிற இழுப்பில் படரென்று அது முழுவதும் திறந்து கொண்டு பக்கத்து ஸீட்காரர்கள் எல்லோருக்கும் காராபூந்தி அபிஷேகம் நடந்துவிடப் போகிறதே என்று குலை நடுங்கினேன்.

கடைசியில் அந்த பிளாஸ்டிக் காகிதம் மனம் இளகியது. வாயில் வைத்து இழுத்ததில் ஊறி நைந்து போயிருக்கக் கூடும். இரண்டாக விண்டு கொண்டு அவருடைய மடியிலேயே பொத்தென்று விழுந்தது. பெரிய உற்பாதத்திலிருந்து உயிர் பிழைத்த மாதிரி நான் நிம்மதி அடைந்தேன்.

அந்த வெற்றி வீரர் தன் பங்காளியின் தொடையை மெல்லத் தட்டிப் பிய்த்த பாக்கெட்டை நீட்டினார். அவரோ தன் தொண்டையைக் காட்டி சேசாக ஒரு இருமல் இருமி விட்டு வேண்டா மென்று மறுத்துவிட்டார். உள்நுக்குள் 'பாவி பல்லால் கடித்து எச்சில் பண்ணாமல் பிரிந்திருக்கக் கூடாது?' என்று திட்டியிருப்பார்.

இந்த சந்தர்ப்பத்தில் கர்நாடக சங்கீதம், நொறுக்குத் தீனி இரண்டிலும் சமமான பிரியம் கொண்ட ரசிகப் பெருமக்களுக்குச் சில குறிப்புகளைத் தர விரும்புகிறேன்.

1. பட்சணப் பாக்கெட்டை வீட்டிலேயே அழகாகக் கத்திரிக்கோலால் கத்திரித்து வேறொரு சாதா மணிலாக் கவரில் கொட்டிக் கொள்ளுங்கள். உங்கள் வாயைத்தான் மூட முடிய வில்லை. கவரின் வாயையாவது மடித்து ஒரு ரப்பர் பாண்டைப் போட்டுக் கட்டுங்கள். யாருக்கும் தெரியாமல், ஓசைப்படாமல் சபையில் பிரிக்க இது உதவியாயிருக்கும்.

2. மிக்ஸர், காராபூந்தி, ஓம்பொடி போன்ற நைஸ் ஐட்டங்களை எடுத்துப் போகாதீர்கள். சாக்லேட், சின்ன சைஸ் பிஸ்கெட், முந்திரிப் பருப்பு முதலான கடினப் பொருள்களை எடுத்துச் செல்லுங்கள். அவைகளை யாரும் பார்க்க முடியாதபடி இரண்டே விரல்களால் வெளியே எடுத்து ஒவ்வொன்றாக வாய்க்குள் செருகிக் கொள்ள முடியும்.

3. வாயில் போட்டதை சீக்கிரமாக விழுங்கி விடுங்கள். இல்லா விட்டால் பக்கத்து ஸீட்காரர் 'இது சிம்மேந்திர மத்யமமா, சண்முகப்பிரியாவா?' என்று உங்களைக் கேட்கும்போது பதில் (உங்களுக்குத் தெரிந்திருந்த போதிலும்) சொல்ல முடியாமல் அசடு வழிய நேரிடும்.

4. கட்டாயம் ஒரு கைக்குட்டையை வைத்திருங்கள். போஜனம் முடிந்த பின் உதட்டு ஓரங்களைத் துடைத்துக் கொள்வது அவசியம். இல்லாவிடில் உங்கள் திருமுகத்தைப் பார்ப்பவர்கள் நமட்டு சிரிப்புச் சிரிப்பார்கள்.

5. இறுதியாக: சபாவில் கச்சேரியைக் கேளுங்கள். வீட்டில் காராபூந்தியை சாப்பிடுங்கள். இரண்டு பெண்டாட்டிக்காரர்களுக்கு என்றைக்குமே நிம்மதி கிடைக்காது.

ASHOK NAGAR - K.K. NAGAR BAZAAR

This column is intended to help small businesses in Ashok Nagar and K.K. Nagar to have a cost-effective advertisement medium. Advertisement in this section will be in standard panel sizes of 4 cm. x 1 column (costing only Rs. 300) and 4 cm. x 2 column (costing Rs. 600)

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Stray cattle cause inconvenience to road users



By Our Staff Reporter
Stray cattle on 11th Avenue, Ashok Nagar hinder movement of vehicles and other road users.

Krishna Samaj organizes gho-pooja

By Our Staff Reporter

Under the auspices of Sri Krishna Samaj (Srisailam, 61, Pallavan Street, Paari Nagar), a number of devotees performed gho-pooja in CPWD Quarters, K. K. Nagar on Jan. 15 (Maatu Pongal) for the 10th consecutive year.

M. Suresh (Organizing Secretary) told *Mambalam Times* that gho-pooja is performed on four occasions in a year (Maatu Pongal, Chithirai 1st, Vijayadasami and Krishna Jayanthi).

Gho-pooja is performed in 13 areas in the city including K. K. Nagar, Ashok Nagar, Nesapakkam and Jaffer Khanpet.

Suresh said that the Samaj conducts free tuition for students of Stds. 6 to 12 during week ends.

Bhagawad Gita classes are conducted on Sundays.



Organization of medical camps and spiritual programs are among other activities, he added. More details can be had in phone 98847 04497.

'Reiki awareness program' on Saturday

By Our Staff Reporter

Reiki Center of India has organized a 'Reiki awareness program' from 3 p.m to 7 p.m on Saturday, Jan. 26 in German Hall, Prakasam Street, T. Nagar on the occasion of World Reiki Day being celebrated for the 13th consecutive year.

Dr. Krishnaswamy will give a talk on 'Reiki' on the occasion.

More details can be had in phones 94444 17155, 98405 18135 and 94449 55679

All are welcome.

Engineer dies as bike hits crane

By Our Staff Reporter

S. Karthikeyan (36) (resident of 2nd Cross Street, CIT Nagar), a computer engineer, was fatally hit by a Metro Rail crane on K. B. Dasan Salai in Teynampet at 11 p.m on Jan. 15.

Police said Karthikeyan, who was returning home on his bike after work, collided head-on with the crane. Sanjay Kumar of Uttar Pradesh, the crane driver, had been hired only 6 months ago. Karthikeyan was wearing a helmet

The crane driver fled the spot after the accident but Pondy Bazaar police arrested him later and booked him under IPC



Sections 279 (rash driving) and 304 (A) (causing death due to negligence). The accident was the third fatal one on Metro Rail sites.

Police said that the crane was heading from a Metro Rail work site in Nandanam to another site near K. B. Dasan Salai junction.

Karthikeyan was a freelancer who did software development projects for private companies. He is survived by his wife and a two-year-old daughter.

Discourses on 'Saisath Saritha'

By Our Staff Reporter

Under the auspices of Sri Shirdi Sai Meditation Mandir (6, Sarojini Street, T. Nagar) there are discourses on 'Sri Saisath Saritha' at 6.30 p.m on Sundays in its premises.

T. Thiruvalluvan (Founder) told *Mambalam Times* that mass spiritual healing is conducted at 7.30 p.m on Thursdays and Sundays.

All are welcome. More details can be had in phones 2643 2323, 4212 5118 and 94444 53777.

Free yoga classes from today

By Our Staff Reporter

Sannyasi Krishnayogam will conduct month-long free yoga classes for adults from 5.30 a.m to 7 a.m from Sunday, Jan. 20 in Bala Vidya Higher Secondary School, 30, Vasudevapuram (between Chakrapani Street and Janakiraman Street, near Doraiswamy Road subway).

The classes are conducted according to the curriculum of the Bihar School of Yoga. Asanas, praanayama pratyahara (sense withdrawal techniques), dharana (concentration), meditation, mantra, value education, food habits, shat kriyas (internal pathways cleaning for managing diseases) etc. are taught.

Doctors give lectures on alternative medicines.

Free Veda classes thrice a week

By Our Staff Reporter

Kurichi Lakshminarasimhachariar (resident of 8, 2nd Main Road, CIT Nagar East, Nandanam) conducts free Veda and Suktham classes from 9 a.m to 10 a.m on Mondays, Wednesdays and Fridays.

More details can be had in phone 98406 40705.

Classes on stress management for corporate executives are also conducted.

More details can be had in phones 94442 40383 and 94450 51015 or www.satyam.yogatruster.net

Swamiji offers counselling to his students.

ISKCON programs in neighbourhood

By Our Staff Reporter

International Society for Krishna Consciousness (ISKCON) conducts programs in the following venues:

Residence of Priya (1075, Munuswamy Naidu Salai, K. K. Nagar, Ph: 94440 63643): 7 p.m to 9 p.m on Mondays: 'Bhakti Vriksha'; 8.30 a.m to 9.30 a.m from Monday to Saturday: Srimad Bhagavadham classes.

Residence of S. Sowjanya (A-6, Ashok Vihar Apartments, 21/20, 11th Avenue, Ashok Nagar, Ph: 94452 12281): 7 p.m to 9 p.m on Tuesdays: 'Bhakti Vriksha'.

Residence of Venkataraman (D-1, Mangala Flats, 1st Floor, 5, 43rd Street, Ashok Nagar, Ph: 96770 97338): 7 p.m to 9 p.m on Thursdays: 'Bhakti Vriksha'.

All are welcome.

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